



*Supporting your wellbeing*

WWW.ORTHOTIX.CO.UK



PAEDIATRIC

ORTHOPAEDIC

SPORTS MEDICINE

PODIATRY

## PROFILE

Orthotix was established in 2004 to provide ready-made orthoses to supplement the bespoke product being manufactured and supplied to the National Health Service by its holding company, Dacey Ltd.

Originally set up in the South Wales valley town of Merthyr Tydfil, the business has expanded significantly since its inception, adding further offices and additional warehouses to our main site in the capital city, Cardiff.

To this day, Orthotix remains a family owned and run business forming part of a portfolio of companies including Dacey Orthotic Services and Ace Feet in Motion. Collectively accumulating over 50 years of experience in the healthcare industry and now employing over 100 local staff.



## AFFILIATES



Orthotix is proud to be the leading sports and orthopaedic bracing business in Wales, supplying a diverse range of products to NHS hospitals, healthcare businesses, sports organisations and direct to public across the United Kingdom and Ireland.

In addition to being a contracted supplier of orthotic consumables to the NHS, Orthotix is currently an official supplier of sports and rehabilitation bracing to Welsh Athletics, Cardiff City Football Club and Disability Sport Wales.

The Orthotix mantra from the beginning has always been:

*Supporting your wellbeing*

## CUSTOMER SERVICE

The award winning Customer Service team has underpinned the success of Orthotix and remains a principal value for continued future growth.

Our multi-disciplinary team consists of dedicated Trade and Retail Managers working alongside experienced in-house Healthcare Professionals to ensure that Orthotix is able to offer consistent, competent and friendly support to all customers.



## PRODUCTS



Our continually expanding range of braces and supports offer an orthotic solution for the entire family whether it be a sporting injury or an orthopaedic pathology. The range encompasses all regions of the body, from head to toe with all products being certified as Class 1 medical devices and CE marked accordingly.

Orthotix fabricates a collection of products at its Welsh manufacturing facility and also benefits from exclusive distribution agreements with its market leading global partners. This enables some of the most successful orthopaedic product from around the world to be made available to the consumers of Great Britain.

Our in-house team of Healthcare Professionals (Orthotists, Podiatrists and Physiotherapists) enables Orthotix to continually develop, trial and test new and innovative products for the future.

The entire product range is stocked in our UK warehouses which allows us to dispatch any item ordered, same working day, whether it be a trade or retail customer.







## OVERVIEW

Over the last decade Orthotix has proactively built an impressive portfolio of brands to ensure that an unrivalled selection of product is available to all consumers.

In addition to fabricating our own brand in Wales, Orthotix also benefits from exclusive distribution agreements with overseas market leading partners. This enables us to supply our consumers with some of the most sought after and successful products from around the globe.

Our diverse range of sports and orthopaedic bracing is made up of four exciting brands; Paediatric, Express, Orliman and Pavis, each possessing their own unique qualities.



Our in-house team of Healthcare Professionals have compiled a collection of orthopaedic bracing specifically designed for common childhood injuries and conditions with functionality, comfort and aesthetics in mind.

Many of these products are now supplied to the most prestigious children's hospitals in Great Britain.



Our own branded range of supports, braces and splints have been created with the values of functionality and best value pricing at the core. The range incorporates the most commonly used orthotic products associated with NHS hospitals and public demand.

These products are fabricated locally in our Welsh manufacturing facilities & sourced globally from our accredited trade partners which operate to our own stringent approved codes of practice.



Our unique partnership with Orliman enables us to develop innovative premium quality products and supply them exclusively in the UK. The Orliman brand signifies product innovation fused with fashionable design.

Orliman have over 70 years of experience in the field of orthopaedics, exporting across 5 continents. The company enjoys state of the art facilities in an impressive 10,000 Sq ft premise on the outskirts of Valencia, Spain.



Our Italian partners Pavis have been manufacturing soft orthopaedic goods since the early 1960's.

The success of their longevity lies in the luxurious pure cotton fabrics which they have continued to use in their fabrication processes.

Their factory situated just outside of Milan, combines traditional workmanship with the use of modern, hypoallergenic and breathable 100% cotton fabric.





029 2037 0696



029 2037 0697



Via Post



enquiries@orthotix.co.uk



www.orthotix.co.uk



Retail Outlet

## METHOD OF DISPATCH

Your order will be dispatched by the most economical means available, with regard to weight volume and degree of urgency.

Options include:

- 2 - 3 working days (Standard delivery)
- Next working day (Unspecified time)
- Next working day before 12.00 noon
- Same working day (Price on application)
- Scheduled van delivery if contracted

## INCORRECT DELIVERY

On receipt of goods, all customers are requested to check their consignment. In the unlikely event that the type or quantity of goods is incorrect then you are required to notify our Customer Services team within 14 days of the date of delivery.

Orthotix cannot accept responsibility for an alleged incorrect delivery if our Customer Services Team have not been informed within 14 days.



## RETURN OF GOODS POLICY

Authorisation must be issued by Orthotix prior to goods being returned, please contact Customer Services within 14 days for a return reference number. Soiled, custom manufactured, modified or obsolete goods may not be returned.

Goods accepted for return must be in resaleable condition, guaranteed infection free and in the original packaging. Orthotix reserves the right to charge delivery costs and / or a re-stocking fee.

## SINGLE PATIENT USE

It is a condition of sale that any orthopaedic product purchased from Orthotix is restricted to 'Single Use Only' by the original patient/customer. This is to protect the care provider and the patient against potentially adverse consequences of infectious disease transmission or material instability resulting from previous use by the original wearer. Any expressed or implied warranties are voided if the orthosis is re-used for another patient.

Any orthosis purchased from Orthotix and fitted by anyone other than a qualified Healthcare Professional does so at their own risk. Orthotix is not liable for any damages incurred through ill-fitted or inappropriate product. If in doubt you should contact a suitable Healthcare Professional for further advice.

## WEBSITE & ONLINE SHOP



Our new and improved website is now accessible and incorporates an easy to navigate online shop. This allows members of the public to browse all of our products for various conditions before ordering directly online.

The website also showcases professional how-to-fit video demonstrations, product guides, news stories, and many more informative features.

You can now follow us on:



[www.orthotix.co.uk](http://www.orthotix.co.uk)

## RETAIL OUTLET

A selection of our most commonly used supports, splints and other products are available from our retail outlet situated on Sanatorium Road, Cardiff, CF11 8DG.

Patients can be redirected from hospitals, GP's, physiotherapists and other Healthcare Professionals to purchase suitable products for their injury or pathology.

Trained personnel are on-hand to assist customers with product selection, product fitting and purchasing.





## PAEDIATRIC

12-29

## HEAD & NECK

30-35

## SPINAL & ABDOMINAL

36-47

## WRIST & UPPER LIMB

48-65

## HERNIA

66-75

## LOWER LIMB

76-91

## ANKLE & FOOT

92-111

## PODIATRY

112-122







HEADPROTEX™  
HELMET



CERVICAL COLLAR



COOL-SLING



UNIVERSAL SLING



CLAVICLE  
IMMOBILISER



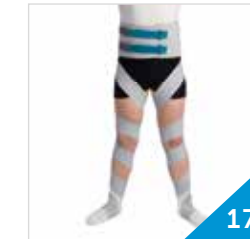
IMMOBILISING  
WRIST & THUMB



RESTING SPLINT



TIBIOFEMORAL  
DE-ROTATION SINGLE



TIBIOFEMORAL  
DE-ROTATION DOUBLE



RE-ALIGNMENT  
ORTHOSIS



STOCK GAITERS



PADDED KNEE



HINGED KNEE



ALIGNMENT KNEE



ANKLE SUPPORT



ASO ANKLE  
STABILISER



PLANTAR FASCIITIS  
ACHILLES SPLINT



BOXIA™ DROP-FOOT



NIGHT TIME HALLUX  
VALGUS



OPEN TOE / HEEL  
CAST BOOT



FIM CORRECTIVE  
INSOLES



PUFFIN - DYNAMIX  
AFO



PENGUIN - DYNAMIX  
AFO



PELICAN - DYNAMIX  
AFO



## HEADPROTEX™ SOFT SHELL HELMET ✕



A comfortable and easy to fit soft shell helmet providing suitable skull protection for children at risk from head injury. Superior lightweight breathable padded foam with plush hypoallergenic lining.

Adjustable padded chin strap with quick release childproof clips. Colour co-ordinated bumper adaptation available on provision of specification from a Healthcare Professional.

### Indications For Use:

Indicated for use with children susceptible to head injury from; epilepsy, head drop syndrome, balance and co-ordination issues, self harm, hydrocephalus, post surgery.



Size (cm) Head Circ	Black Product Code	Aqua Product Code	Pink Product Code	Fitting Guide	Bumper Adaptation
46	HP/B/46	HP/A/46	HP/P/46	 If head circ. measures between sizes, please select next size up.	 Bumper adaptation also available.
48	HP/B/48	HP/A/48	HP/P/48		
50	HP/B/50	HP/A/50	HP/P/50		
52	HP/B/52	HP/A/52	HP/P/52		
54	HP/B/54	HP/A/54	HP/P/54		
56	HP/B/56	HP/A/56	HP/P/56		
58	HP/B/58	HP/A/58	HP/P/58		
60	HP/B/60	HP/A/60	HP/P/60		



Aqua available in smaller sizes

Size	Aqua Product Code
40	HP/A/40
42	HP/A/42
44	HP/A/44

Adaptations (Up to 10 working days)

Component	Product Code
Front Bumper	HP/FB
Rear Bumper	HP/RB
Strap	HP/S

Replacement Chin Strap Pad

Size	Product Code
Universal	HP/PCS

## CERVICAL COLLAR ✕



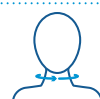
Cervical collar specifically manufactured for infants, designed to perfectly adapt to the physical contours of neck. Manufactured in 6 cm-wide polyurethane foam with posterior hook and loop closure.

### Indications For Use:

Mild trauma of bony and soft (whiplash) tissue of the body, postoperative patients, torticollis, cervical pain.



Size	Perimeter (cm)	Product Code
S/1	23 - 28	O/CC/S
M/2	29 - 34	O/CC/M



## COOL SLING ✕

Lightweight breathable foam with a plush hypoallergenic lining and hook-loop closure. Adjustable shoulder strap with cushioning pad for additional comfort.

### Indications For Use:

Post injury, post surgery, strains and sprains.



Size	Age	Product Code	Forearm Length (cm)
S/1	2 - 6	PCS/2-6	Less than 23
M/2	6 - 12	PCS/6-12	23-30



## FOAM SLING ✕

Foam laminate construction, providing support to the shoulder, elbow, wrist and hand. Non-twist D-ring and strap system, abdominal band to secure arm against body, deep envelope to accommodate most casts and dressings.

### Indications For Use:

For non-surgical or post-operative support of the shoulder, mild sprains and strains of the shoulder or for fractures of the arm.



Size	Sling Dimensions (cm)	Product Code
Paed	35 x 14	BX/UNI/PAED

## CLAVICLE IMMOBILISER ✕

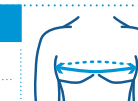
Made from honeycomb fabric lined with terry cloth. Featuring adjustable length/tension padded foam neoprene covered straps.

### Indications For Use:

Mild trauma of bony (spinous and transverse processes) and soft (whiplash) parts of the body. Postoperative patients, torticollis, cervical pain, compressive syndromes, posture.



Size	Age	Chest Circ (cm)	Product code
S/1	2-6	48-58	O/CI/S1
M/2	6-12	58-72	O/CI/M2





## WRIST BRACE & THUMB ATTACHMENT



Orthosis features removable malleable aluminium palmar and dorsal stays, which provide sufficient rigidity to immobilise the wrist joint in a functional position.

Wrist support constructed from a comfortable honeycomb fabric interior and a velour finished exterior. Can be fitted with a detachable thumb attachment to immobilise wrist and thumb.

### Indications For Use:

Immobilisation and protection of the carpometacarpal and metacarpophalangeal joints, thumb joint, conservative treatment after surgery or injury.



#### Wrist Brace

Size	Age	Wrist Circ (cm)	Product Code Left	Product Code Right
S/1	2-6	10-12	O/IW/S1/L	O/IW/S1/R
M/2	6-12	12-15	O/IW/M2/L	O/IW/M2/R

#### Thumb Attachment

Size	Age	Product Code
S/1	2 - 6	O/IWT/S1
M/2	6 - 12	O/IWT/M2



\*Please order thumb attachment separately

## RESTING SPLINT



Constructed from breathable soft fabric and lightweight malleable aluminium which can be manipulated without tools into various functional positions.

Wrist strap maintains suitable positioning and enables progressive stretching.

### Indications For Use:

Contracture in flexion or hyperextension of the wrist including: contracted fist, contracture of the hand with or without radial or ulnar deviations, contractures in flexion or hyperextension of the interphalangeal articulations including thumb abduction.



Size	Palm Width (cm)	Left	Right
Small	4 - 5.5	MATHIP/L/S	MATHIP/R/S
Large	5 - 6.5	MATHIP/L/L	MATHIP/R/L

Attachments	Product Code
Finger Separator	MATHIP/FS
Finger Extensor	MATHIP/FE



Finger Separator

Finger Extensor



## TIBIOFEMORAL SINGLE DE-ROTATION ORTHOSIS

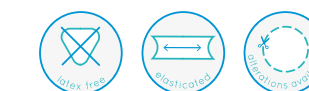
Provides an orthotic solution to correct lower limb positioning and enables either foot to be in the line of progression during gait.

Consists of a waist band and either a left or right unidirectional elastic strap featuring silicone pimples for improved anatomical adhesion. Strap applies spiral traction from medial side of the foot to the waist, rotating the tibia, femur and hip in the desired corrective direction. If external rotation is required swap the left and right straps for the desired effect.

Enables greater joint stability, core support and proprioceptive feedback.

### Indications For Use: (Applicable to single and double versions)

Gait disorders through infant cerebral palsy, spina bifida, disorders during embryonic development, hypotonic musculature, neurological disorders.



Size	Measurement		Product Code		Fitting Guide
	Waist Circ (A) Cm	Strap Length Cm	Left Strap	Right Strap	
Small	44 - 55	120	OP1174/L/S	OP1174/R/S	
Medium	52 - 61	142	OP1174/L/M	OP1174/R/M	
Large	56 - 65	164	OP1174/L/L	OP1174/R/L	
X Large	62 - 71	187	OP1174/L/XL	OP1174/R/XL	

## TIBIOFEMORAL DOUBLE DE-ROTATION ORTHOSIS

Designed to assist with correction of internal/external rotation of both lower limbs, enabling feet to be in the line of progression during gait.

Consists of a belt and two unidirectional elastic straps featuring silicone pimples for improved anatomical adhesion. Straps apply spiral traction from medial side of the foot to the waist, rotating the tibia, femur and hip in the desired corrective direction.

If external rotation is required simply swap over the left and right straps for the desired effect. Enables greater joint stability, core support and proprioceptive feedback.



Size	Measurement		Product Code	Fitting Guide
	Waist Circ (A) Cm	Strap Length Cm		
X Small	44 - 50	120	OP1173/XS	
Small	48 - 55	120	OP1173/S	
Medium	52 - 61	142	OP1173/M	
Large	56 - 65	164	OP1173/L	
X Large	62 - 71	187	OP1173/XL	

RE-ALIGNMENT ORTHOSIS



Lower limb re-alignment orthosis designed to provide patients with a more functional gait pattern and greater autonomy for everyday activities.

Composed of a trunk and two thigh supports linked by elastic straps, which create rotational forces from inside of both thighs to the back of the belt. This encourages lower limb abduction and external rotation consequently enabling better alignment.

The belt and thigh support are made from velour and are fastened at the front by means of Velcro straps, which feature silicone dots on the inside to prevent displacement of the orthosis.

Indications For Use:

Neurological and orthopaedic gait disorders affecting positioning and rotation of lower limbs, can be effective in patients with cerebral palsy, spina bifida, disorders during embryonic development and patients with hypotonic musculature.



Size	Perimeter A (cm)	Perimeter B (cm)	Product Code	Fitting Guide
S/1	48 - 55	28 - 35	O/RO/S1	
M/2	52 - 61	31 - 40	O/RO/M2	
L/3	56 - 65	37 - 46	O/RO/L3	
XL/4	62 - 71	41 - 50	O/RO/XL4	



A variety of made to measure gaiters are also available on request.

ARM & LEG STOCK GAITERS

Breathable cotton fabric gaiters are available in a wide range of colours and sizes. Used to maintain the arm or leg in extension for rehabilitation purposes.

Full circumferential straps allow for adjustments in size. The standard gaiter is finished with imperial plush lining and the deluxe gaiter is finished with a padded velfoam lining. Both the standard or deluxe versions are available with regular fly or 2" extra fly closing tab. A wide range of colours or pattern fabrics are available. Sold as a pair, unless single requested.

Indications For Use:

Post injury, post surgery, strains and sprains, juvenile RA, night resting splint.

Fabric selection available: (Please note actual patterns may vary from examples below)

Pink

Sky Blue

Black

Red

Sand

Denim

Camouflage

Teddy Bears

Cars

Animals

Hearts

Fruits

Sports

Stars



When ordering please quote fabric, product code and state whether you require a single or pair.

Size	Length (cm)	Top Circ (cm)	Bottom Circ (cm)	Regular Fly		Extra 2" Fly	
				Standard	Deluxe	Standard	Deluxe
X Small	20	17 - 24	12 - 19	300	300DX	300F	300DXF
X Small	25	17 - 24	12 - 19	301	301DX	301F	301DXF
Small	20	23 - 30	14 - 21	302	302DX	302F	302DXF
Small	25	23 - 30	14 - 21	303	303DX	303F	303DXF
Small	30	23 - 30	14 - 21	304	304DX	304F	304DXF
Medium	30	30 - 37	17 - 21	305	305DX	305F	305DXF
Medium	35	30 - 37	17 - 21	306	306DX	306F	306DXF
Large	40	37 - 44	20 - 27	307	307DX	307F	307DXF
Large	45	37 - 44	20 - 27	308	308DX	308F	308DXF
Large	50	37 - 44	20 - 27	309	309DX	309F	309DXF
X Large	45	44 - 51	23 - 30	310	310DX	310F	310DXF
X Large	50	44 - 51	23 - 30	311	311DX	311F	311DXF



## PADDED KNEE BRACE ✕



Constructed from honeycomb fabric and velour with rear hook and loop fastening. Featuring a protective padded area to prevent bruising and abrasions to front of knee.

### Indications For Use:

Postoperative treatment, protection against possible bruising from knocks.



Size	Age	Knee Cap Circ (cm)	Product Code
S/1	2 - 6	20-26	O/PK/S1
M/2	6 - 12	26-32	O/PK/M2



## HINGED KNEE BRACE ✕



Constructed from honeycomb fabric and velour with rear hook and loop fastening. Featuring a polycentric joint to stabilise the knee in the medial-lateral direction.

### Indications For Use:

Patellofemoral injuries, postoperative treatment, medio-lateral instability, rehabilitation, any knee condition that requires unloading of the patella.



Size	Age	Knee Cap Circ (cm)	Product Code
S/1	2 - 6	20-26	O/HK/S1
M/2	6 - 12	26-32	O/HK/M2



## PATELLA ALIGNMENT KNEE BRACE ✕



Constructed from honeycomb fabric and velour with rear hook and loop fastening. Featuring flexible spiral side stays, with lateral patella pad in the shape of a semi-circle.

### Indications For Use:

Patella subluxation, post surgery on the lateral retinaculum or recurrent dislocation of the patella.



Size	Age	Knee Cap Circ (cm)	Product Code
S/1	2 - 6	20-26	O/PAK/S1
M/2	6 - 12	26-32	O/PAK/M2



## ANKLE SUPPORT ✕

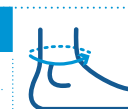
Constructed from a honeycomb fabric interior and a velour finish exterior with elastic Lycra strap. Open front design for easy fitting and incorporates a figure-of-eight elastic strap for stabilisation and hook and loop fastening.

### Indications For Use:

Light sprains, tendonitis, mild ankle instability.



Size	Age	Ankle Circ (cm)	Product Code
S/1	2 - 6	<20	O/AS/S1
M/2	6 - 12	20-24	O/AS/M2



## ANKLE STABILISING ORTHOSIS ✕



Superb medio-lateral control of ankle joint, made from lightweight coolflex material. "Figure of 8" strapping mimics taping application with lacing and cuff enclosure.

### Indications For Use:

Inversion or eversion sprains, medial or lateral instability, subtalar joint instability.



Size	Short Heel Circ (cm)	Product Code
Paed	23 - 25.5	264019



## PLANTAR FASCIITIS / ACHILLES SPLINT ✕



Strong, lightweight shell with padded liners. Adjustable flexion straps hold foot in dorsi-flexion and allows load application to soft tissues of plantar fascia and achilles tendon.

### Indications For Use:

Plantar fasciitis, achilles tendonitis, muscle tightening.



Size	Footplate Length (cm)	Brace Height (cm)	Product Code
X Small	17	22	PAED/PFS/XS
Small	21	28	PAED/PFS/S

## BOXIA™ DROP FOOT AFO ✕



Comfortable and cosmetic orthosis designed for discreet treatment of flaccid paralysis drop foot.

Consists of two separate components; a cuff situated above the ankle and a non-slip hook section which fits between laces/hook and loop straps of footwear. Both components are connected via an elastic tension strap which enables complete adjustment of the required level of dorsiflexion.

Made from perforated material for ventilation and includes gel padded sections for enhanced achilles and dorsiflexor tendon comfort. Discreet design which does not occupy any space in the shoe.

### How It Works:

The Boxia™ support raises the forefoot, providing vital foot clearance during swing phase, thus reducing risk of tripping over everyday objects.

### Indications For Use:

Flaccid paralysis drop foot.



Size	Ankle Circ (cm)	Product Code	
		black	beige
Paed	13 - 17	BOX/XS	BBOX/XS



## NIGHT-TIME HALLUX VALGUS ORTHOSIS ✕



Made with a breathable honeycomb fabric interior and terrycloth exterior. Features a malleable aluminium abductor splint for adjusting the position of the big toe, three hook and loop fastening straps and also an interior pad to protect the first metatarsal head.

### Indications For Use:

Postural correction of hallux valgus and post-surgery.



Size	Age	Product Code	
		Left	Right
S/1	2-6	OP1193/S1	OP1192/S1
M/2	6-12	OP1193/M2	OP1192/M2



## OPEN TOE / HEEL CAST BOOT ✕

Lightweight open toe / heel boot designed to be worn by children with lower limb cast or post-operation with bulky dressings.

Features comfortable fabric upper with rocker sole unit and easy to fasten Velcro straps.

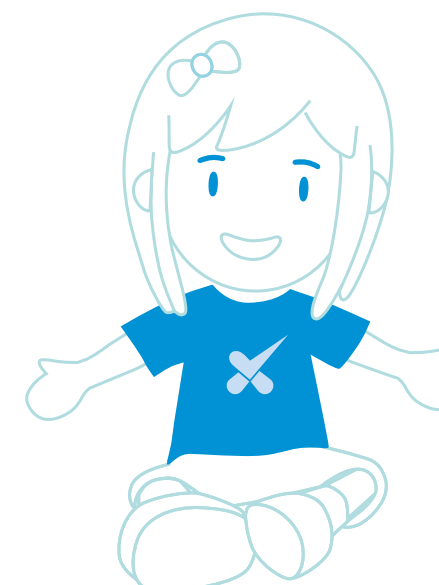
Available in red or blue teddy pattern.

### Indications For Use:

Post injury, post-surgery, early mobilisation.



Size	Length (cm)	Product Code	
		Blue	Red
Small	11.5	FK1051-S-B	FK1051-S-R
Medium	14	FK1051-M-B	FK1051-M-R
Large	16.5	FK1051-L-B	FK1051-L-R
X Large	18.5	FK1051-XL-B	FK1051-XL-R





## FEET IN MOTION CORRECTIVE INSOLES



High density, deep cupped EVA orthosis especially designed for children's feet by the leading UK Podiatrists. Manufactured by Ace Feet In Motion Ltd, the insoles are now commonly known as FIM's.

The brightly coloured insoles consist of one red (right foot) and one blue (left foot) to help children remember, whilst providing a functional solution.

Pre-fabricated off the shelf insoles (pair) are available in neutral or with 3° or 5° medial rear foot posting.

The neutral variant are non-corrective with enhanced arch support, the 3° posting variant corrects mild pronation of the feet, whilst the 5° posting offers correction of moderate to severe pronation of the feet.

During the original clinical trials this product achieved over 90% compliance rate amongst all patients trialled and was approved for the effective management of flat foot conditions (Pes Planus).

The slim line, lightweight design enables the insoles to be easily accommodated in most footwear.

### Indications For Use:

Flat feet, postural related symptoms, hyper-mobility/ligament weakness, arch pain, heel pain, knee pain, back pain.



Size	Neutral Posting	3° Posting	5° Posting
19-20	FJ210/19-20	FJ230/19-20	FJ250/19-20
21-22	FJ210/21-22	FJ230/21-22	FJ250/21-22
23-24	FJ210/23-24	FJ230/23-24	FJ250/23-24
25-26	FJ210/25-26	FJ230/25-26	FJ250/25-26
27-28	FJ210/27-28	FJ230/27-28	FJ250/27-28
29-30	FJ210/29-30	FJ230/29-30	FJ250/29-30
31-32	FJ210/31-32	FJ230/31-32	FJ250/31-32
33-34	FJ210/33-34	FJ230/33-34	FJ250/33-34



### Using The FIM Insoles

Three versions of the paediatric Feet In Motion (FIM's) insole are available across all size ranges. Each version has been designed to offer the following benefits:

- Neutral** - Non corrective with enhanced arch support
- 3° Posting** - Correction of mild pronation of the feet
- 5° Posting** - Correction of moderate - severe pronation of the feet

### Care Of The FIM Insoles

All insoles should be placed into the child's shoes taking care to insert them in the right (red insole) and left (blue insole) shoe correctly.

Appropriate footwear is essential when using the insoles, which means a supportive style with a secure fastening is advisable.

Having placed an extra insole in the child's shoes, it will probably make the shoes feel a little tight. This can be reduced by loosening the fastening but ensuring the shoe is still firm enough to prevent slipping at the heel.

If the shoes already have an insole fitted by the manufacturer, it is often possible to remove this in order to help accommodate the corrective insole.

The FIM's will typically last approximately 12 months depending on wear. They can be wiped with a damp cloth and a small amount of mild detergent. Allow them to dry naturally.





## PUFFIN - DYNAMIX SUPRAMALLEOLAR ✕

### Features:

Two shell dynamic orthosis with a supramalleolar design made from low density polyethylene and polypropylene.

Soft internal shell surrounds the tibial and fibular malleoli, encompassing the entire plantar surface and midfoot region whilst the rigid skeletal external shell reinforces the alignment applied by the orthosis.

Midfoot Velcro closure system ensures appropriate fitting with straps that can be cut to desired length. Adhesive Velcro patches placed between the shells prevent any movement and optional comfort pads for the toe and dorsal midfoot regions are also included.

Adjustable and trimmable lightweight design. Latex free.

### Benefits:

- Allows free plantar and dorsal flexion.
- Realigns the entire foot and supports the medial longitudinal arch.
- Facilitates the development of movement patterns for a more natural gait.
- Stabilisation of the foot improving all phases of the gait cycle.
- Low profile design for ease of accommodation in patient's footwear.
- Prefabricated for instant use, sized by simple foot measurement.

### Indications for use:

Moderate to severe pronation or supination, instability in the subtalar joint, midfoot and forefoot, severe flat foot, lack of co-ordination or balance.



Size	Foot Length (cm)	Height (cm)	Puffin - Product Code		Fitting Guide
			Left	Right	
1	12.5	7.9	P1196/L/1	P1196/R/1	
2	13.5	8.3	P1196/L/2	P1196/R/2	
3	14	8.6	P1196/L/3	P1196/R/3	
4	15	9	P1196/L/4	P1196/R/4	
5	16	9.4	P1196/L/5	P1196/R/5	
6	17.5	9.8	P1196/L/6	P1196/R/6	
7	19	10.2	P1196/L/7	P1196/R/7	
8	21	10.8	P1196/L/8	P1196/R/8	

When fitting it is recommended to choose a size that leaves approximately 1cm of space between the end of the orthosis and the foot.



## PENGUIN - DYNAMIX PLANTARFLEXION ✕

### Features:

Two shell dynamic orthosis available with standard or extended calf cuff. Made from low density polyethylene and polypropylene.

Soft internal shell which extends from mid/top of calf, encompassing the entire plantar surface of the foot. Rigid skeletal external shell serves to reinforce the alignment applied by the orthosis, which reaches the proximal edge of the metatarsal heads.

Midfoot Velcro closure system ensures appropriate fitting with trimmable straps. Adhesive Velcro patches placed between the shells prevent any movement and optional comfort pads for the toe and dorsal midfoot regions are also included. The Velcro strap on the upper cuff can be removed to allow free dorsal flexion.

Adjustable and trimmable lightweight design. Latex free.

### Benefits:

- Limits plantarflexion enabling better foot clearance during swing phase.
- Controlled dorsiflexion and plantar flexion.
- Stabilisation of the foot which improves all phases of the gait cycle.
- Supports the medial longitudinal arch.
- Improved control of postural movements and balance in stance and gait.
- Low profile design for ease of accommodation in patient's footwear.
- Prefabricated for instant use, sized by simple foot measurement.

### Indications For Use:

Dorsiflexion weakness in swing phase, hyperextension of the knee, incapacity or weakness of plantar flexion and/or dorsiflexion, excessive plantar flexion (toe walking), instability as a result of low or high muscle tone, lack of coordination or balance.



Size	Foot Length (cm)	Penguin Standard		Penguin Extended		Fitting Guide
		Height (cm)	Left Right	Height (cm)	Left Right	
1	12.5	12.2	P1195/L/1 P1195/R/1	16.5	P1198/L/1 P1198/R/1	
2	13.5	12.7	P1195/L/2 P1195/R/2	17.4	P1198/L/2 P1198/R/2	
3	14	13.5	P1195/L/3 P1195/R/3	18.3	P1198/L/3 P1198/R/3	
4	15	14.5	P1195/L/4 P1195/R/4	19.2	P1198/L/4 P1198/R/4	
5	16	15.5	P1195/L/5 P1195/R/5	20.7	P1198/L/5 P1198/R/5	
6	17.5	17	P1195/L/6 P1195/R/6	22.2	P1198/L/6 P1198/R/6	
7	19	18.5	P1195/L/7 P1195/R/7	24	P1198/L/7 P1198/R/7	
8	21	20.5	P1195/L/8 P1195/R/8	26	P1198/L/8 P1198/R/8	

When fitting it is recommended to choose a size that leaves approximately 1cm of space between the end of the orthosis and the foot.





## PELICAN - DYNAMIX HINGED

### Features:

One shell dynamic orthosis made from low density polyethylene.

Shell surrounds the tibial and fibular malleoli and comes into contact with the entire plantar surface, featuring a hinged ankle joint which enables the adjustment of dorsiflexion limit. Polyethylene foam is used to line the hinged region offering enhanced comfort and protection to the malleoli.

Shell extends from mid calf to the proximal edge of the metatarsal heads with a midfoot Velcro closure system ensuring appropriate fitting with trimmable straps. Comfort pads for the toe and dorsal midfoot regions are also included.

Adjustable and trimmable lightweight design. Latex free.

### Benefits:

- Controls plantarflexion and toe walking.
- Realigns entire foot and supports the medial longitudinal arch.
- Facilitates the development of movement patterns for a more natural gait.
- Increased control of knee hyperextension.
- Ankle angle can be adjusted using posterior screw (Allen key provided).
- Low profile design for ease of accommodation in patient's footwear.
- Prefabricated for instant use and sized by simple foot measurement.

### Indications For Use:

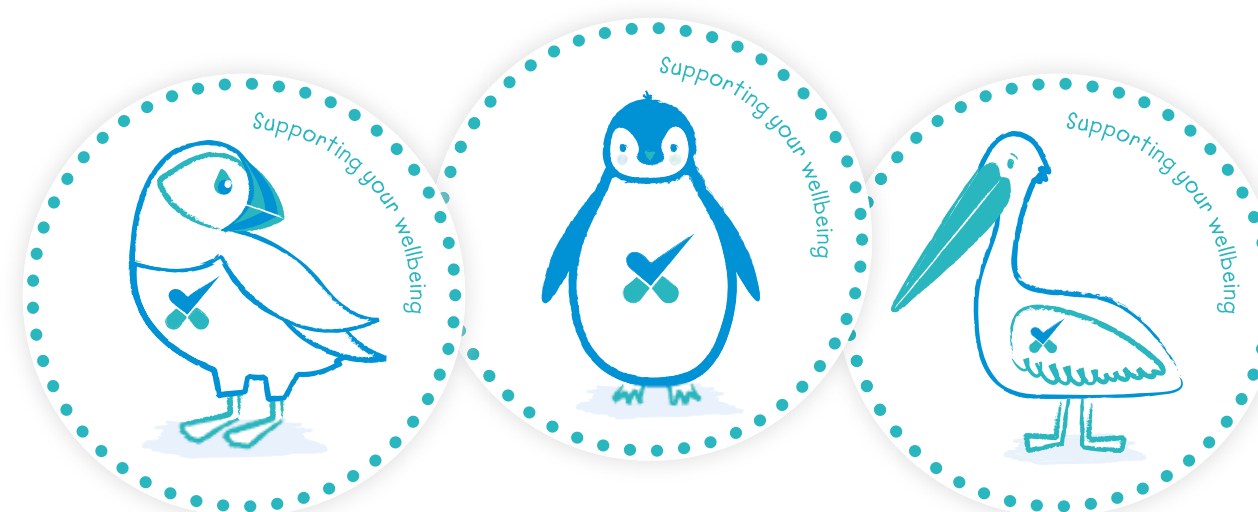
Incapacity or weakness of dorsiflexion, excessive plantar flexion, hyperextension of the knee, instability as a result of low or high muscle tone, lack of coordination or balance.



Size	Foot Length (cm)	Height (cm)	Pelican - Product Code		Fitting Guide
			Left	Right	
1	12.5	12.2	P1197/L/1	P1197/R/1	
2	13.5	12.7	P1197/L/2	P1197/R/2	
3	14	13.5	P1197/L/3	P1197/R/3	
4	15	14.5	P1197/L/4	P1197/R/4	
5	16	15.5	P1197/L/5	P1197/R/5	
6	17.5	17	P1197/L/6	P1197/R/6	
7	19	18.5	P1197/L/7	P1197/R/7	
8	21	20.5	P1197/L/8	P1197/R/8	
When fitting it is recommended to choose a size that leaves approximately 1cm of space between the end of the orthosis and the foot.					



Stickers are available for a limited time only







FOAM HEAD GUARD



LEATHER HEAD GUARD



HEADPROTEX™  
HELMET



HEADPROTEX™  
ADAPTATIONS



FOAM COLLAR



SEMI-RIGID COLLAR



ADJUSTABLE COLLAR



PHILADELPHIA  
COLLAR





## DIPPED FOAM HEAD GUARD

Soft shell helmet providing suitable protection from head injury. Constructed from an immersion coated shock absorbing foam that retains compression resistance.

Features added ear protection, ventilation apertures and a Velcro fastening for a secure fit. The lightweight design ensures flexibility, comfort and protection without impairing hearing. Easily wiped clean and available in red or black.

### Indications For Use:

Head injury from; epilepsy, head drop syndrome, balance and co-ordination issues, self harm, post surgery.



Size	Head Circ (cm)	Red Product Code	Black Product Code	Fitting Guide
Small	54 - 56	DFH/S/R	DFH/S/B	
Medium	56 - 58	DFH/M/R	DFH/M/B	
Large	58 - 60	DFH/L/R	DFH/L/B	
X Large	60 - 62	DFH/XL/R	DFH/XL/B	

## LEATHER HEAD GUARD



Soft leather helmet providing enhanced protection through extra padding at occipital and forehead areas. Constructed from thick non compressible foam with adequate ear ventilation.

Features a Velcro chin closure and rear Velcro adjustment for optimum fit. The lightweight design ensures flexibility, comfort and protection without impairing hearing. Easily wiped clean and available in red or black.

### Indications For Use:

Head injury from; epilepsy, head drop syndrome, balance and coordination issues, self harm, post surgery.



Size	Head Circ (cm)	Red Product Code	Black Product Code	Fitting Guide
Regular	56 - 58	LH/R/R	LH/R/B	
Extra	58 - 60	LH/E/R	LH/E/B	



## HEADPROTEX™ SOFT SHELL HELMET

A comfortable and easy to fit soft shell helmet providing suitable skull protection for adults at risk from head injury.

Superior lightweight breathable padded foam with plush hypoallergenic lining and adjustable padded chin strap with quick release childproof clips.

Available in a full range of sizes and a selection of colours.

### Bumper & Strap Adaptation

Front and/or rear colour co-ordinated bumper adaptation are available on provision of specification from a Healthcare Professional.

Strap alterations such as lengthening or replacement of release clips with Velcro fastenings etc are also available upon request.

Please note that any adaptations made to the helmet will render the item non-returnable.

### Indications For Use:

Indicated for use with children susceptible to head injury from; epilepsy, head drop syndrome, balance and co-ordination issues, self harm, hydrocephalus, post surgery.



Made to measure helmets are also available upon request, please contact Customer Services.

Size (cm) Head Circ	Black Product Code	Aqua Product Code	Pink Product Code	Fitting Guide	Bumper Adaptation
46	HP/B/46	HP/A/46	HP/P/46		
48	HP/B/48	HP/A/48	HP/P/48		
50	HP/B/50	HP/A/50	HP/P/50		
52	HP/B/52	HP/A/52	HP/P/52		
54	HP/B/54	HP/A/54	HP/P/54		
56	HP/B/56	HP/A/56	HP/P/56		
58	HP/B/58	HP/A/58	HP/P/58		
60	HP/B/60	HP/A/60	HP/P/60		

Adaptations (Up to 10 working days)

Component	Product Code
Front Bumper	HP/FB
Rear Bumper	HP/RB
Strap	HP/S

Replacement Chin Strap Pad

Size	Product Code
Universal	HP/PCS

## FOAM CERVICAL COLLAR X



One piece collar made from soft mid density foam covered with white stockinette featuring a rear touch and close fastening. Provides comfortable support and suitable for night-time use. Available in various sizes and depths.

### Indications For Use:

Neck extension injuries (whiplash), cervical spondylitis, spondylosis, rheumatoid arthritis / osteoarthritis, herniated cervical disc.



Size	Neck Circ (cm)	Depth (inches)	Depth (cm)	Product code	Fitting Guide
X Small	13 - 14	2.75	7	BXS/XS	
Small	15 - 16	3.5	9	BXS/S	
Medium / Shallow	17 - 18	2.75	7	BXS/MS	
Medium	17 - 18	3	7.5	BXS/M	
Large	19 - 20	3.5	9	BXS/L	
Large / Deep	19 - 20	4	10	BXS/LD	

## SEMI-RIGID CERVICAL COLLAR



Anatomically designed collar made from mid density polyurethane foam with a detachable polyethylene reinforcing band and rear velcro fastening.

Also includes a dark grey cotton fabric cover, featuring rear touch and close fastening for enhanced comfort.

Provides comfortable support and suitable for night-time use. Available in 8cm or 9.5cm depth.

### Indications For Use:

Neck extension injuries (whiplash), cervical spondylitis, spondylosis, rheumatoid arthritis / osteoarthritis, herniated cervical disc.



Size	Neck Circ (cm)	Product Code		
		8cm	9.5cm	
Small	29 - 34	CC2208/S	CC2209/S	
Medium	35 - 40	CC2208/M	CC2209/M	
Large	41 - 46	CC2208/L	CC2209/L	



## ADJUSTABLE CERVICAL COLLAR

Two piece semi rigid collar made from 1mm low density polyethylene and synthetic leather. Incorporates a chin support and rear Velcro closure with soft padded edges for enhanced comfort and perforations for increased ventilation.

Height/depth adjustable to provide desired neck flexion or extension positioning.

### Indications For Use:

Neck extension injuries (whiplash), cervical spondylitis, spondylosis, rheumatoid arthritis / osteoarthritis, herniated cervical disc.



Size	Neck Circ (cm)	Adjustable Height (cm)	Product Code	Fitting Guide
X Small	32 - 37	7.5 - 9	BXA/XS	
Small	36 - 41	8 - 9.5	BXA/S	
Medium	40 - 45	8.5 - 10	BXA/M	
Large	44 - 49	9 - 10.5	BXA/L	
X Large	48 - 53	9 - 10.5	BXA/XL	

## PHILADELPHIA CERVICAL COLLAR X



Two piece collar constructed from hypo-allergenic Polyethylene. Provides firm support designed to help immobilise the neck after soft tissue or disc trauma.

The collar is especially useful following surgery and in rehabilitation, featuring a tracheotomy opening and rear Velcro closure. The device is also X-Ray and MRI compatible.

### Indications For Use:

Post trauma / operation, cervical spondylitis, spondylosis, rheumatoid arthritis, herniated disc, motor neurone disease.



Neck Circ (cm)	Depth (inches)	Depth (cm)	Product code	Fitting Guide
10 - 12	3.25	8	PH/1	
13 - 15	3.25	8	PH/2	
16 - 19	3.25	8	PH/3	
10 - 12	4.25	11	PH/4	
13 - 15	4.25	11	PH/5	
16 - 19	4.25	11	PH/6	





MATERNITY SUPPORT



HAPPYMAMMY™  
SUPPORT



LUMBOSACRAL  
SUPPORTS



ULTRA LUMBAR  
SUPPORT



LUMBEX™  
LUMBOSACRAL



DYNAMIC STAR  
BRACE



EVOTEC™ SEMI-  
RIGID LSO



DORSO EVOTEC™  
ATTACHMENT



OASIS™ SOFT SPINAL  
BRACE



NHYCO™  
HYPEREXTENSION



JEWETT  
HYPEREXTENSION



AQUA  
HYPEREXTENSION



ELASTIC RIB BELTS



MULTI-BAND  
ELASTIC AB BINDER



4 PANEL ELASTIC AB  
BINDER



VELCRO-ATTRACTIVE  
ELASTIC BINDER



ABDOMINAL WRAP



POST-OP  
ABDOMINAL BINDER



CUSTOMISABLE AB  
OSTOMY SUPPORT

## MATERNITY SUPPORT




Soft laminate and elastic construction featuring elasticated bands for self-regulation of compression and shaped flexible rear stays for support.

Easy and inconspicuous to wear under most clothing and expandable to accommodate growth during pregnancy.

### Indications For Use:

Abdominal support, lower back pain during pregnancy.



Size	Waist Circ (cm)	Product Code	Fitting Guide
Small	63 - 80	BX/MB/S	
Medium	81 - 111	BX/MB/M	
Large	112 - 141	BX/MB/L	
X Large	142 - 172	BX/MB/XL	

## HAPPYMAMMY™ MATERNITY SUPPORT



One size fits all modern and stylishly designed low profile maternity support which is adaptable to the different stages of pregnancy. Constructed from soft lightweight breathable fabric for premium comfort.

The anatomical belt lifts the tummy helping to reduce pressure of the baby on the pelvic area, whilst lumbar stays and rear multi-band elastic offer enhanced back support and improved posture.

Also features lateral tensioning straps so that simple fit adjustments can be made as and when required.

### Indications For Use:

Lower back pain during pregnancy, abdominal/pelvic support.



Size	Colour	Product Code	Fitting Guide
Universal	Beige	HM984/B	
Universal	Grey	HM984/G	



8" version



12" version

## 8" & 12" LUMBOSACRAL SUPPORT


Traditionally designed lumbar support constructed from elastic and coutil fabric with two removable malleable posterior stays.

Two versions available; 8" depth with two return buckle fastenings or 12" depth with three return buckle fastenings. Both versions also include foam laminate lumbar pad and an adjustable fulcrum strap for correct positioning.

### Indications For Use:

Lower back pain, lumbar support, sciatica, post-trauma, post-op stability, osteoarthritis.



Size	Waist Circ (cm)	8" Depth Product Code	12" Depth Product Code	Fitting Guide
Small	58 - 70	CT8/S	CT12/S	
Medium	70 - 88	CT8/M	CT12/M	
Large	88 - 100	CT8/L	CT12/L	
X Large	100+	CT8/XL	CT12/XL	

## ULTRA LUMBAR SUPPORT

Lumbar support made from lightweight, comfortable and breathable woven elastic fabric which contours to your body shape offering enhanced support and compression.

Incorporates multi-band elastic pull-around straps with finger loops for ease of donning / doffing - particularly helpful for patients with limited dexterity.

Includes four reinforcing lumbar stays with a detachable therapy pad for additional comfort.

### Indications For Use:

Lower back pain, sciatica, osteoarthritis, slipped disc, muscular weakness.



Size	Waist Circ (cm)	Product Code	Fitting Guide
Small	70 - 80	LS502/S	
Medium	80 - 90	LS502/M	
Large	90 - 105	LS502/L	
X Large	105 - 120	LS502/XL	
2X Large	120 - 130	LS502/2XL	



26cm depth





## LUMBEX™ LUMBOSACRAL BRACE



Extra Lumbex



Low Lumbex

Premium quality lumbosacral brace made from breathable Italian cotton for maximum support and comfort. Practical and easy to fit, utilising a touch-and-close overlap fastening with additional elasticated criss-cross traction system which contours to the body when fastened.

Available in two versions; Low Lumbex 27cm depth featuring two adjustable bands or Extra Lumbex 32cm depth featuring three adjustable bands. Both versions are suitable for men and women.

### Indications For Use:

Lumbar and sacral pain, lumbago, sciatica, discopathy, cruralgia, osteoporosis, vertebral complaints, arthrosis, muscular pathologies.



Size	Waist Circ (cm)	Low Lumbex Product Code	Extra Lumbex Product Code	Fitting Guide
Small	60 - 80	582/S	572/S	
Medium	75 - 90	582/M	572/M	
Large	85 - 110	582/L	572/L	
X Large	105 - 120	582/XL	572/XL	
2X Large	120 - 140	582/2XL	572/2XL	
3X Large	135 - 153	582/3XL	572/3XL	

## DYNAMIC STAR BRACE



Semi rigid lumbosacral orthosis constructed from a breathable bilayer velour, consisting of polyamide and poromax lining which enables adequate ventilation and moisture absorption.

Lumbar area contains a mouldable thermoplastic panel lined with comfortable padding. Design incorporates a pulley traction control system providing adjustable compression and stability.

Discrete and suitable for everyday use. Available in two depths; standard - front 18cm and back 27cm, or high - front 23cm and back 32cm.

### Indications For Use:

Lumbago, sciatica, degenerative conditions, muscular weakness, pre and post surgery, herniated disc, spondylarthritis, spondylosis.



Size	Pelvic Circ (cm)	Product Code Standard	Product Code High	Fitting Guide
Small	75 - 85	SD100/S1	SD101/S1	
Medium	85 - 95	SD100/M2	SD101/M2	
Large	95 - 110	SD100/L3	SD101/L3	
X Large	110 - 125	SD100/XL4	SD101/XL4	



## EVOTEC™ SEMI-RIGID LSO

Lumbosacral orthosis fabricated from dense elastic material providing adjustable compression for greater lumbar containment.

Incorporating a semi-rigid posterior with four malleable steel stays, threadless seam technology and a removable lumbar cushion. Also featuring a specifically designed fastening system for ease of fitting for patients with limited dexterity.

Combines with Dorso Evotec™ attachment (detailed below) to form an effective thoracolumbosacral support. Front depth 16cm, rear depth 26cm.

### Indications For Use:

Lumbago, lumbosciatica, degenerative conditions, weak and atonic muscles, pre/post surgery, disc hernia, spondylarthrosis, spondylosis.



Size	Waist Circ (cm)	Product Code	Fitting Guide
X Small	75 - 83	EV300/XS	
Small	83 - 91	EV300/S	
Medium	91 - 99	EV300/M	
Large	99 - 107	EV300/L	
X Large	107 - 115	EV300/XL	
2X Large	115 - 123	EV300/2XL	

## DORSO EVOTEC™ ATTACHMENT



Dorsal attachment available to convert Evotec™ LSO into a thoracolumbosacral support.

Constructed from honeycomb fabric with intergrating rear steel stays and over the shoulder cushioned straps with easy to close buckle.

Attachment fits into place with any size of Evotec™ effortlessly. Universally sized with height and strap length adjustable.

### Indications For Use:

Kyphosis, vertebral wedging, dorsolumbar traumatism, slipped discs, osteoporosis, post-op management.



Height Adjustment (cm)	Product Code
47 - 53	EV303

## OASIS™ SOFT SPINAL BRACE



Bivalve spinal system ideal for patients who require maximum support, but cannot tolerate most rigid lumbosacral braces.

Constructed from unique layered fabric to optimise moisture dispersal and rigid panels for maximum support which are removable to enable hand washing.

Features a traction closure system provides easy compression adjustment as required by patient.

Available with sternal, pectoral or thoracic attachment that have malleable components which can be bent by hand/bending irons to control extension as required.

### Indications For Use:

Spinal instabilities, chronic back pain, post-op management, acute and chronic disc pathologies, stable wedge and compression fractures.



Sternal Attachment Kit



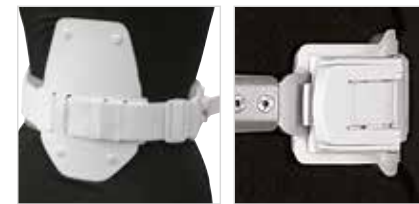
Pectoral Attachment Kit



Thoracic Attachment Kit

Size	Waist Circ (cm)	Product Code	Fitting Guide
Small	76 - 86	OA/S	
Medium	86 - 96	OA/M	
Large	96 - 106	OA/L	
X Large	106 - 116	OA/XL	

Attachment	Product Code
Sternal	SPK
Pectoral	PPK
Thoracic	TEK



## NHYCO™ HYPEREXTENSION BRACE

Cruciform spinal hyperextension orthosis with a lightweight aluminium telescopic adjustable frame. Features adjustable sternal and pubic pads, sized lumbar pads, replaceable EVA padding and simple to use fastening system.

### Indications For Use:

Extension and immobilisation of dorso-lumbar spine, post-op management, hyperkyphosis, collapsed vertebra caused by osteoporosis or metastasis.



Size	Height (Sternum to Pubis: cm)	Max Waist Circ (cm)	Product Code
Small	27 - 34	90	MD100/S
Regular	34 - 41	120	MD100/R
Large	40 - 53	120	MD100/L

## JEWETT HYPEREXTENSION BRACE

Lightweight aluminium structure offering three support points; pectoral, suprapubic and dorsal lumbar. Available in a standard or short frame design.

Features a padded mobile sternum plate, a padded height regulator side control plate, a padded dorsal lumbar tightening plate with adjustable fastening system and a padded pelvic band which can be fixed or floating to adjust to different patient positions.

### Indications For Use:

Fractures due to crushing, vertebral pain caused by secondary metastasis, spondyloarthrosis, lumbalgia, lumbosciatica, stable vertebral fractures.



### Jewett Brace Standard Frame

Size	Pelvic (cm)	Height (cm)	Product Code	Fitting Guide
Small	60 - 75	39 - 46	J001/S	
Medium	75 - 90	42 - 49	J001/M	
Large	90 - 105	45 - 52	J001/L	
X Large	105 - 115	49 - 56	J001/XL	

### Jewett Brace Short Frame

Size	Pelvic (cm)	Height (cm)	Product Code	Fitting Guide
Medium	75 - 90	39.5 - 43.5	J002/M	
Large	90 - 105	42 - 49	J002/L	
X Large	105 - 115	45.5 - 52.5	J002/XL	



## AQUA HYPEREXTENSION BRACE



Lightweight aluminium frame with waterproof components enabling prolonged use during hydrotherapy sessions.

Features a spring-controlled 'floating pelvic' component, a simple fastening / tensioning system and padded bars/plates for comfort. Adjustable height and width

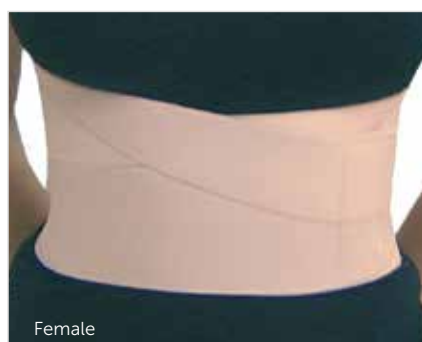
### Indications For Use:

Lumbar and low-thoracic fractures, vertebral pain caused by secondary metastasis, spondyloarthrosis, lumbalgia, lumbosciatica, stable vertebral fractures of the lower dorsal column, post-op management.



Size	Hip Circ (cm)	Length (cm)	Product Code	Fitting Guide
Small	60 - 75	40 - 44	MP35A/S	
Medium	75 - 90	43 - 47	MP35A/M	
Large	90 - 105	47 - 51	MP35A/L	
X Large	105 - 120	50 - 54	MP35A/XL	

## ELASTIC RIB BELT



Plush one-piece elastic rib band featuring unique lock-back stitch construction and Velcro fastening, offering enhanced compression and uniform support.

Available in male or female design, both 6" in depth.

### Indications For Use:

Fractures and strains to rib cage, abdominal pain, thoracic post-surgery.



Size	Sex	Below Chest Circ (cm)	Depth (inches)	Depth (cm)	Product Code	Fitting Guide
Universal	Female	70-90	6	16	BE175	
Small	Male	70-90	6	16	BE165/S1	
Medium	Male	90-110	6	16	BE165/M2	
Large	Male	110-130	6	16	BE165/L3	



## MULTI-BAND ELASTIC AB BINDER

Universally sized breathable multi-band elastic binder offering uniform compression and support across the abdominal region.

Incorporates an adjustable front fastening Velcro closure with 9" depth.

### Indications For Use:

Post abdominal surgery, abdominal strains and weakness, hernia.



Size	Depth	Waist Circ	Product Code
Universal	9"	One size fits all	BX/AB/UNI

## 4 PANEL ELASTIC AB BINDER



Soft one-piece elastic panelled binder featuring unique lock-back stitch construction with Velcro fastening which offers enhanced compression and uniform support.

Available in unisex design, 12" in depth.

### Indications For Use:

Post abdominal surgery, abdominal strains and weakness, hernia.



Size	Waist Circ (cm)	Depth (inches)	Depth (cm)	Product Code	Fitting Guide
Small	70 - 90	12	32	BE305/S1	
Medium	90 - 110	12	32	BE305/M2	
Large	110 - 130	12	32	BE305/L3	

## VELCRO-ATTRACTIVE ELASTIC BINDER WITH HERNIA PAD



Soft adjustable binder constructed from Velcro-attractive elastic providing comfortable support and compression.

Includes a soft circular hernia pad (14cm diameter) which can be positioned as required. Available in 9" or 12" depth.

### Indications For Use:

Post abdominal surgery, abdominal strains and weakness, hernia.



Includes hernia pad.

Waist Circ (cm)	Depth (inches)	Depth (cm)	Product Code
Up to 110cm	9	23	ABD/9
Up to 110cm	12	31	ABD/12



## ABDOMINAL WRAP



Product colour: black

Non-invasive post operation abdominal binder (24" depth) suitable for men and women. Constructed from breathable fabric, 100% cotton against the skin.

Features a unique double pad locking system for optimum containment.

### Indications For Use:

Post abdominal surgery, abdominal strains and weakness, hernia.



Size	Waist Circ (cm)	Product Code	Fitting Guide
Small	70 - 82	676/S	
Medium	82 - 94	676/M	
Large	94 - 105	676/L	
X Large	105 - 117	676/XL	
2X Large	117 - 130	676/2XL	
3X Large	130 - 150	676/3XL	



Product colour: white

## POST-OP ABDOMINAL BINDER

Non-invasive post operation abdominal binder 24" in depth, suitable for men and women. Constructed from breathable fabric, 100% cotton against the skin. Features a unique double pad locking system for optimum containment.

### Indications For Use:

Post abdominal surgery, abdominal strains and weakness, hernia.



Size	Waist Circ (cm)	Product Code	Fitting Guide
Small	70 - 82	675/S	
Medium	82 - 94	675/M	
Large	94 - 105	675/L	
X Large	105 - 117	675/XL	
2X Large	117 - 130	675/2XL	
3X Large	130 - 150	675/3XL	

## CUSTOMISABLE AB SUPPORT FOR OSTOMY PATIENTS



Does not include bag.

Lightweight and breathable abdominal support made with multi-band elastic fabric combined with a non-stretch panel for greater containment of the stoma region.

Incorporates; 8 flexible stays to avoid ruching, a reinforcement plate for enhanced containment, templates (50, 75, 90mm diameter) to assist when positioning orifice cut out and also includes a fabric pocket/band to cover bag once fitted.

Available in 16cm or 24cm front depth.

### Indications For Use:

Post-operative care in colostomies and ileostomies, abdominal containment.



Size	Perimeter (cm)	Product Code 16cm	Product Code 24cm	Fitting Guide
X Small	75 - 85	COL160/XS	COL240/XS	
Small	85 - 95	COL160/S	COL240/S	
Medium	95 - 105	COL160/M	COL240/M	
Large	105 - 120	COL160/L	COL240/L	





7" WRIST BRACES 50



THUMB BRACES 51



WRIST SLEEVES 52



WOVEN ELASTIC WRIST WRAP 52



WRIST LACERS 53



COMPREXOR™ WRIST SUPPORT 54



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## ELASTIC WRIST BRACE




Simple beige elastic wrist brace featuring a removable aluminium palmar stay situated within a vinyl pocket.

7" design incorporating grip tabs for easy donning and doffing.

### Indications For Use:

Healing fractures, sprains, repetitive strain injuries, rheumatoid arthritis.



Size	Wrist Circ (cm)	Palm Circ (cm)	Product Code		Fitting Guide
			Left	Right	
X Small	10 - 12	15 - 17	BXE/XS/L	BXE/XS/R	
Small	12 - 15	17 - 20	BXE/S/L	BXE/S/R	
Medium	15 - 17	22 - 25	BXE/M/L	BXE/M/R	
Large	17 - 20	25 - 27	BXE/L/L	BXE/L/R	
X Large	20 - 22	27 - 30	BXE/XL/L	BXE/XL/R	

## NEOPRENE WRIST BRACE




Simple beige neoprene wrist brace featuring a removable aluminium palmar stay situated within a vinyl pocket. Neoprene can be trimmed if required without fraying.

7" design incorporating grip tabs for easy donning and doffing.

### Indications For Use:

Healing fractures, sprains, repetitive strain injuries, rheumatoid arthritis.



Size	Wrist Circ (cm)	Palm Circ (cm)	Product Code		Fitting Guide
			Left	Right	
X Small	10 - 12	15 - 17	BXN/XS/L	BXN/XS/R	
Small	12 - 15	17 - 20	BXN/S/L	BXN/S/R	
Medium	15 - 17	22 - 25	BXN/M/L	BXN/M/R	
Large	17 - 20	25 - 27	BXN/L/L	BXN/L/R	
X Large	20 - 22	27 - 30	BXN/XL/L	BXN/XL/R	



## NEOPRENE WRIST & THUMB BRACE


Simple beige neoprene wrist and thumb brace featuring a removable palmar stay and a full length malleable thumb extension bar.

Design incorporates grip tabs for easy donning and doffing.

### Indications For Use:

Healing fractures, healing ligament injuries, sprains, rheumatoid / osteoarthritis, support MCP and CMC joints.



Size	Wrist Circ (cm)	Palm Circ (cm)	Product Code		Fitting Guide
			Left	Right	
X Small	10 - 12	15 - 17	BXT/XS/L	BXT/XS/R	
Small	12 - 15	17 - 20	BXT/S/L	BXT/S/R	
Medium	15 - 17	22 - 25	BXT/M/L	BXT/M/R	
Large	17 - 20	25 - 27	BXT/L/L	BXT/L/R	
X Large	20 - 22	27 - 30	BXT/XL/L	BXT/XL/R	

## THUMB ABDUCTION SPICA




Simple beige elastic thumb spica featuring a removable malleable thumb stay which restricts movement at the CMC and MCP joints, leaving the IP joint free.

7" design incorporates touch-and-close fastenings for easy donning and doffing.

### Indications For Use:

Carpometacarpal thumb instabilities, sprains and strains, rheumatoid / osteoarthritis, post thumb surgery.



Size	Wrist Circ (cm)	Product Code		Fitting Guide
		Left	Right	
X Small	11.5 - 13cm	BXTA/XS/L	BXTA/XS/R	
Small	13.5 - 15cm	BXTA/S/L	BXTA/S/R	
Medium	15 - 16cm	BXTA/M/L	BXTA/M/R	
Large	16.5 - 18cm	BXTA/L/L	BXTA/L/R	
X Large	18.5 - 20cm	BXTA/XL/L	BXTA/XL/R	
2X Large	20.5 - 22cm	BXTA/2XL/L	BXTA/2XL/R	



## STRETCH ELASTIC WRIST SLEEVE



Pull-on wrist support made with breathable stretch elastic fabric. Offers uniform compression and enhanced comfort.

### Indications For Use:

Tendonitis, arthrosis and arthritis, slight contusions, minor trauma.



Size	Wrist Circ (cm)	Product Code
Small	15 - 18	TN260/S
Medium	18 - 21	TN260/M
Large	21 - 24	TN260/L



## ELASTIC COMPRESSION SUPPORT



Made of soft, breathable, high quality woven elastic fabric. Provides enhanced compression and warmth.

### Indications For Use:

Tendonitis, arthritis, slight contusions, minor trauma and instability.



Size	Wrist Circ (cm)	Product Code	Fitting Guide
Small	16 - 20	BX/502/S	
Medium	18 - 22	BX/502/M	
Large	20 - 24	BX/502/L	
X Large	22 - 26	BX/502/XL	

## WOVEN ELASTIC WRIST WRAP



Wrap-around wrist support made with breathable woven elastic fabric. Offers uniform compression and gentle support, incorporating a touch-and-close fastening for easy donning and doffing.

### Indications For Use:

Tendonitis, arthrosis and arthritis, slight contusions, minor trauma.



Size	Wrist Circ (cm)	Product Code
Universal	One size fits all	W503

## PULL-TAB WRIST LACER



Laced wrist support constructed from durable perforated suede and moisture wicking polypropylene felt.

Design features a single-pull lace closure and adjustable thumb strap for ease of application and enhanced patient fit. Incorporates a dorsal stay and a removable, malleable palmar bar for optimum immobilisation and support.

### Indications For Use:

Carpal tunnel syndrome, wrist sprains, post cast removal, post-op care.



Size	Wrist Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
X Small	Up to 13	BX/WL/L/XS	BX/WL/R/XS	
Small	13 - 15	BX/WL/L/S	BX/WL/R/S	
Medium	15 - 18	BX/WL/L/M	BX/WL/R/M	
Large	18 - 20	BX/WL/L/L	BX/WL/R/L	
X Large	20 - 22	BX/WL/L/XL	BX/WL/R/XL	

## WRIST LACER



8" version

Lace-up wrist support available in either 8" or 10.5" length, constructed from durable perforated suede and moisture wicking polypropylene felt.

Design features a pull-tab lacing system and adjustable thumb strap for ease of application and enhanced patient fit. Incorporates a dorsal stay and a removable, malleable palmar bar for optimum immobilisation and support.

### Indications For Use:

Carpal tunnel syndrome, wrist sprains, post cast removal, post-operative care.



10.5" version

Size	Wrist Circ (cm)	Product Code 8" Beige/Left	Product Code 8" Beige/Right	Product Code 8" Black/Left	Product Code 8" Black/Right	Product Code 10.5" Black/Left	Product Code 10.5" Black/Right	Fitting Guide
X Small	Under 14	3221	3231	3921	3931			
Small	14 - 16	3222	3232	3922	3932	3952	3962	
Medium	16 - 17	3224	3234	3924	3934	3954	3964	
Large	17 - 19	3225	3235	3925	3935	3955	3965	
X Large	19 - 21	3226	3236	3926	3936	3956	3966	

## COMPREXOR™ WRIST SUPPORT



Low profile brace which supports and limits range of wrist flexion and extension, providing adjustable compression along the carpal region.

Constructed from perforated soft fabric for enhanced comfort and also features dorsal and palmar plastic stays.

### Indications For Use:

Rheumatoid arthritis, osteoarthritis, carpal tunnel syndrome, repetitive strain injury, sprains.



Size	Wrist Circ (cm)	Product Code	
		Left	Right
Small	11 - 14	BXC/L/S	BXC/R/S
Medium	14 - 16	BXC/L/M	BXC/R/M
Large	16 - 19	BXC/L/L	BXC/R/L



## COMPRESSOR™ WRIST SUPPORT



Functional support which limits range of wrist flexion and extension, providing easily adjustable compression along the carpal region.

Constructed from perforated soft fabric for enhanced comfort and also features dorsal and palmar plastic stays.

### Indications For Use:

Rheumatoid arthritis, osteoarthritis, carpal tunnel syndrome, repetitive strain injury, sprains.



Size	Wrist Circ (cm)	Product Code	
		Left	Right
Small	12 - 15	3802	3812
Medium	15 - 17	3804	3814
Large	17 - 20	3805	3815



## DELUXE COTTON BRACE

Premium wrist splint fabricated with 100% cotton lining for optimum comfort.

Features adjustable compression pull-tabs for ease of application and removable dorsal, palmar and ulna stays for enhanced support/immobilisation.

### Indications For Use:

Tendonitis, rheumatoid arthritis, osteoarthritis, carpal tunnel syndrome, post-trauma management.



Size	Wrist Circ (cm)	Product Code
Small	13.5 - 15.5	33/S
Regular	15.5 - 18.5	33/R
Extra	18.5 - 21	33/E



## LONG DELUXE COTTON BRACE

Premium wrist splint fabricated with 100% cotton lining for optimum comfort.

24cm long bilateral design, featuring multiple adjustable compression pull-tabs for ease of application and removable dorsal and palmar stays for enhanced support/immobilisation.

### Indications For Use:

Distal fractures of radius, tendonitis, rheumatoid arthritis, osteoarthritis, carpal tunnel syndrome, post-trauma management.



Size	Wrist Circ (cm)	Product Code
Small	13.5 - 15.5	31/S
Regular	15.5 - 18.5	31/R
Extra	18.5 - 21	31/E





## BILATERAL THUMB SPICA




Short bilateral design thumb splint constructed from foam, velour and sponge. Incorporating a malleable aluminium stay for immobilisation of trapezium-metacarpal joint. Simple touch-and-close fastenings for ease of application.

### Indications For Use:

Tendonitis, instability of trapezio-metacarpal joint, skiers thumb, thumb rhizarthrosis, post trauma/surgery.



Size	Wrist Circ (cm)	Length (cm)	Grey	Beige	
Small	14 - 18	11	M770/S	M670/S	
Large	18 - 22	13	M770/L	M670/L	



## THUMB IMMOBILISING BRACE




Short 13cm length semi-rigid design wrist and thumb brace with textured cotton interior lining for comfort and a malleable aluminium stay for thumb immobilisation.

Features elastic and lycra touch-and-close fasteners to dorsal region for adjustable compression and easy donning and doffing.

### Indications For Use:

Functional immobilisation of thumb, arthrosis, post trauma/surgery.



Size	Wrist Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
Small	12 - 15	BXSR/L/S	BXSR/R/S	
Large	15 - 17	BXSR/L/M	BXSR/R/M	
Large	17 - 19	BXSR/L/L	BXSR/R/L	
X Large	19 - 21	BXSR/L/XL	BXSR/R/XL	

## SHORT SEMI-RIGID THUMB BRACE




Short semi-rigid wrist and thumb brace with soft cotton interior lining and a malleable aluminium thumb stay.

Features elastic and lycra touch-and-close fasteners to dorsal region for adjustable compression and easy donning and doffing.

### Indications For Use:

Functional immobilisation of thumb, arthrosis, post trauma/surgery.



Size	Wrist Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
Small	12 - 15	MPI72/S	MPD72/S	
Medium	15 - 17	MPI72/M	MPD72/M	
Large	17 - 19	MPI72/L	MPD72/L	
X Large	19 - 21	MPI72/XL	MPD72/XL	



## THERMOPLASTIC AERATED THUMB SPICA




Heat mouldable immobilising splint constructed from a thermoplastic shell with a breathable lined interface for enhanced comfort.

Adjustable touch-and-close fastening system for ease of application.

### Indications For Use:

Immobilisation of the trapezio-metacarpal joint, limits accidental flexion and extension, tendonitis, skier's thumb, post trauma/surgery.



Size	Wrist Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
Small	Up to 17	MAN/L/S	MAN/R/S	
Medium	17 - 19	MAN/L/M	MAN/R/M	
Large	19 Plus	MAN/L/L	MAN/R/L	

## FROG FINGER SPLINT



Lightweight aluminium immobilising finger splint with foam lining.

Malleable design enables splint to be adapted to contours of any finger without a closure system.

### Indications For Use:

Immobilisation of distal interphalangeal joints, broken/fractured fingers, trigger finger, arthritic finger.



Size	DIJ Circ (cm)	Product Code
Small	Up to 5.5	OM6201/S
Medium	5.5 - 7	OM6201/M
Large	Over 7	OM6201/L



## FINGER IMMOBILISING GLOVE



Lightweight glove design splint for the immobilisation of the metacarpophalangeal and interphalangeal joints of the hand and fingers in extension or flexion.

Incorporating a velour and honeycomb fabric interior with a simple hook and strap closure and three independent aluminium finger splints which can be shaped as required.

The index, middle, ring or little finger can be immobilised as necessary by interchanging the splints on the glove. Additional sized finger splints are also available.


### Indications For Use:

Finger fractures, dislocations, post trauma/surgery, capsular ligamentous injuries, metacarpal fractures, retractile scars in burns cases, bursitis, Dupuytren's disease.



Additional Finger Splint (Single Units)

Size	Finger Length (cm)	Product Code
Small	7.5 - 8.5	FS/S
Medium	8.5 - 9.5	FS/M
Large	9.5 - 11	FS/L
X Large	11 - 12.5	FS/XL

Size	Palm Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
Small	15 - 17	M710/S/L	M710/S/R	
Medium	17 - 19	M710/M/L	M710/M/R	
Large	19 - 22	M710/L/L	M710/L/R	
X Large	22 - 25	M710/XL/L	M710/XL/R	



## MATHI™ RESTING SPLINT

Foam padded aluminium splint lined with a soft terrycloth fabric designed for appropriate adjustment and positioning of the wrist, hand, fingers and thumb.

Lightweight malleable design can be manipulated into suitable positions and angles as required.

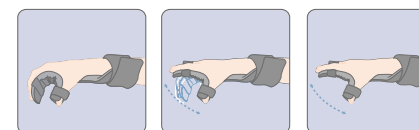
Features easy to use restraining straps with thick comfort padding and includes finger separator.

### Indications For Use:

Contracture in flexion or hyperextension of the wrist and hand, hypertonic contractures, cerebro vascular accident, multiple sclerosis, rheumatoid arthritis.



Includes Finger Separator



Size	Hand Circ (cm)	Length (cm)	Product Code	
			Left	Right
Small	5 - 7	31.5	MATHI/S/L	MATHI/S/R
Medium	7 - 9	34	MATHI/M/L	MATHI/M/R
Large	9 - 11	36.5	MATHI/L/L	MATHI/L/R





## RESTING SPLINT & SPARE LINER



Foam padded aluminium splint lined with a soft breathable fabric, designed for the functional treatment of moderate contractures in wrists, hands and fingers.

Lightweight malleable design can be manipulated into various functional positions without tools.

Features touch-and-close strapping to maintain suitable positioning and enable progressive stretching.

Supplied with a spare liner, which can be hand washed for patient convenience. Finger separator and extensor attachments are also available.

### Indications For Use:

Contracture in flexion or hyperextension of the wrist and hand, hypertonic contractures, cerebro vascular accident, multiple sclerosis, rheumatoid arthritis.



Attachments	Product Code
Finger Separator	MATHIP/FS
Finger Extensor	MATHIP/FE



Size	Palm Width (cm)	Product Code Left	Product Code Right
Adult-small	5.5 - 7	BX/934/L/S	BX/934/R/S
Adult-medium	7 - 8.5	BX/934/L/M	BX/934/R/M
Adult-large	8.5 - 10.5	BX/934/L/L	BX/934/R/L



## POSITIONING SPLINT & SPARE LINER



Foam padded aluminium splint lined with a soft breathable fabric designed for correction of cubital deviation.

Features touch-and-close strapping to maintain suitable wrist and hand positioning. Also supplied with a spare roller liner which can be hand washed for patient convenience.

### Indications For Use:

Cubital deviation.



Size	Palm Width (cm)	Product Code Left	Product Code Right
Small	5.5 - 7	BX/935/L/S	BX/935/R/S
Medium	7 - 8.5	BX/935/L/M	BX/935/R/M
Large	8.5 - 10.5	BX/935/L/L	BX/935/R/L



## MACKIE™ CONTRACTURE BRACE

Static progressive wrist orthosis featuring the Mackie hinge for effective management of soft tissue flexion or extension offering bi-directional infinite angle settings in fractional increments.

Patient friendly design for easy home use.

### Indications For Use:

Contractures due to trauma, post-op adhesions, immobilisation, muscle strength imbalance, arthritis, cerebral palsy, stroke.



Size	A Circ (cm)	B Diameter (cm)	Product Code Left	Product Code Right
Small	16.5 - 22.8	6.5 - 8	CWB/S/L	CWB/S/R
Medium	22.8 - 28	8 - 11	CWB/M/L	CWB/M/R



## EPI-CLASP

Lightweight epicondyle strap with two detachable silicone pads which can be positioned as required.

Universally sized with touch-and-close fastening for adjustable compression.

### Indications For Use:

Lateral and medial epicondylitis, ligament and tendon pain.



Size	Product Code
Universal	BX/EPI

## EPITEC™



Low profile epicondyle strap made from polyethylene and plastazote padding with a velour lining. Features an adjustable closure strap on forearm to regulate pressure administration as required.

### Indications For Use:

Lateral and medial epicondylitis, ligament and tendon pain.



Size	Product Code
Universal	EP20A

## STRETCH ELASTIC SLEEVE




Pull-on elbow support made with breathable stretch elastic fabric. Offers uniform compression and enhanced comfort.

### Indications For Use:

Lateral and medial epicondylitis, tendonitis, arthritis, inflammatory conditions.



Size	Forearm Circ (cm)	Product Code	Fitting Guide
Small	22 - 26	TN230/S	
Medium	26 - 30	TN230/M	
Large	30 - 34	TN230/L	

## WOVEN ELASTIC WITH GEL




Elbow support made from breathable woven elastic fabric offering uniform compression and enhanced comfort. Incorporates two anatomically shaped therapy silicone pads.

### Indications For Use:

Lateral and medial epicondylitis, sprains, trauma, tendonitis, post dislocation.



Size	Forearm Circ (cm)	Product Code	Fitting Guide
Small	21 - 24	E524/S	
Medium	24 - 27	E524/M	
Large	27 - 30	E524/L	
X Large	30 - 34	E524/XL	



## ROM ELBOW BRACE

Lightweight elbow brace which enables post-operative immobilisation or range of motion control in 10 / 15 degree increments. Telescopic design with push-button releases enables length adjustment as required.

### Indications For Use:

Conservative treatment of; elbow dislocation or luxation, stable or internally fixed fractures of; distal humerus, proximal radius or ulna.



Size (inches)	Product Code Left	Product Code Right	Size	Product Code Strap adjustment kit
13.5 - 17	BX/ERB/L	BX/ERB/R	Universal	BX/ERB/SAK

## MACKIE™ CONTRACTURE ELBOW BRACE



Static progressive elbow orthosis featuring the Mackie hinge for effective management of soft tissue flexion or extension offering bi-directional infinite angle settings in fractional increments.

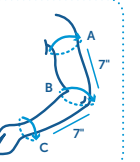
Lightweight design with medial or lateral adjustment setting.

### Indications For Use:

Contractures due to trauma, post-op adhesions, immobilisation, muscle strength imbalance, arthritis, cerebral palsy, stroke.



Size	A - Circ (cm)	B - Diameter (cm)	C - Circ (cm)	Product Code Left	Product Code Right
Small	20.3 - 29.8	20.3 - 29.8	14.6 - 20.3	CEB/S/L	CEB/S/R
Medium	26 - 36.2	26 - 36.2	17.1 - 26.7	CEB/M/L	CEB/M/R
Large	32.4 - 41.9	32.4 - 41.9	20.3 - 29.8	CEB/L/L	CEB/L/R





## BILATERAL SHOULDER IMMOBILISER



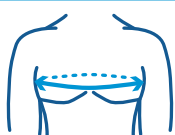
Supportive bilateral shoulder immobilising sleeve fabricated from breathable neoprene.

Low profile design enables the garment to be worn discreetly whilst offering uniform compression, support and heat retention to affected area. Additional straps are included for enhanced immobilisation.

### Indications For Use:

Pain relief for sprains, shoulder bursitis, rotator cuff injury, post-operative treatment.



Size	A - Circ (cm)	Product Code	Fitting Guide
Small	81 - 91	BX/SI/S	
Medium	91 - 101	BX/SI/M	
Large	101 - 111	BX/SI/L	
X Large	111 - 121	BX/SI/XL	

## SHOULDER STABILISING SUPPORT



Premium shoulder stabilising support fabricated from breathable lightweight elastic material.

Incorporates a 100% cotton lining for enhanced comfort against the skin and a non-friction exterior finish, which enables the support to be worn under clothing for prolonged periods.

Features anti-migration silicone beads to prevent slippage and a unique upwards strapping system which helps to maintain suitable arm and shoulder position as required.

### Indications For Use:

Pain relief for sprains, shoulder bursitis, rotator cuff injury, post-op.



Size	A - Circ (cm)	Product Code	
		Left	Right
Small	24 - 28	407SX/S	407DX/S
Medium	28 - 32	407SX/M	407DX/M
Large	32 - 36	407SX/L	407DX/L
X Large	36 - 40	407SX/XL	407DX/XL
2X Large	40 - 44	407SX/2XL	407DX/2XL



## HUMERAL FRACTURE BRACE

Bi-valve thermo-formable humeral orthosis designed to reduce pain and enable mobility of shoulder and elbow. Offers uniform compression via adjustable touch-and-close D-loop strapping.

Fabricated from lightweight breathable material and removable thermoplastic rigid shells which are mouldable with a heat gun.

### Indications For Use:

Immobilisation of shoulder joint, non-surgical treatment of humeral fractures, post-operative treatment.



Size	Proximal Circ	Length	Product Code
X Small (Paed)	14 - 20cm	22.5cm	2009/XS
Small	17 - 23cm	26.5cm	2009/S
Medium	23 - 32cm	28.5cm	2009/M
Medium Long	23 - 32cm	30.5cm	2009/ML
Large	32 - 41cm	30.5cm	2009/L
X Large	41 - 50cm	32.5cm	2009/XL

## UNIVERSAL FOAM SLING

Lightweight deep envelope sling and swathe constructed from breathable nylon and foam laminate. Designed to accommodate most casts and dressings providing support to the shoulder, elbow, wrist and hand.

Features non twist D-loop strap system and optional abdominal band to secure against body if required.

### Indications For Use:

Non-surgical or post-operative support of the shoulder, mild sprains, fractures of the arm.



Size	Sling Dimensions (cm)	Product Code
Adult	40 x 20	BX/UNI

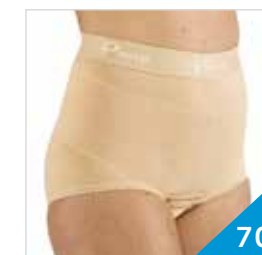




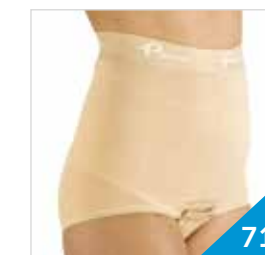
MENS STANDARD  
HERNIA BRIEFS



MENS HIGH HERNIA  
BRIEFS



LADIES STANDARD  
HERNIA PANTS



LADIES HIGH HERNIA  
PANTS



HERNIA BOXER  
SHORTS



REPLACEMENT  
HERNIA PADS



REINFORCED VELCRO  
TRUSSES



REINFORCED BUCKLE  
TRUSSES



SUSPENSORY TRUSS

Please refer to Spinal & Abdominal section for our selection of abdominal supports, which are also suitable for hernia.



## MENS STANDARD HERNIA BRIEFS



Standard waist brief (11" depth) designed for men. Recommended for inguinal hernia prevention and containment, pre and post-surgery.

The briefs offer strong tension providing effective abdominal support and also feature internal slip pockets for optional pads to be worn if enhanced compression to the inguinal area is required.

Designed so that the garment is 100% cotton against the skin for premium comfort. The fabric is also hypoallergenic and sanitized to prevent bacterial proliferation and unwanted odours.

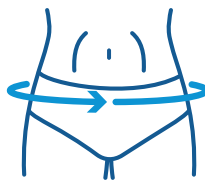
Includes a complimentary pair of hernia pads (left and right).

### Indications For Use:

Inguinal hernia containment, pre and post hernia surgery.



Includes a complimentary pair of hernia pads.

Size	Pelvic Circ (cm)	Product Code	Fitting Guide
Small 65	71 – 77	651/S/65	
Small 70	77 – 82	651/S/70	
Medium 75	82 – 88	651/M/75	
Medium 80	88 – 94	651/M/80	
Large 85	94 – 100	651/L/85	
Large 90	100 – 105	651/L/90	
X Large 95	105 – 110	651/XL/95	
X Large 100	110 – 117	651/XL/100	
2X Large 105	117 – 123	651/2XL/105	
2X Large 110	123 – 130	651/2XL/110	



## MENS HIGH HERNIA BRIEFS

High waist brief (13" depth) designed for men. Recommended for inguinal hernia prevention and containment, pre and post-surgery.

The briefs offer strong tension providing effective abdominal support and also feature internal slip pockets for optional pads to be worn if enhanced compression to the inguinal area is required.

Designed so that the garment is 100% cotton against the skin for premium comfort. The fabric is also hypoallergenic and sanitized to prevent bacterial proliferation and unwanted odours.

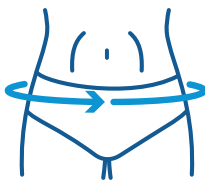
Includes a complimentary pair of hernia pads (left and right).

### Indications For Use:

Inguinal hernia containment, pre and post hernia surgery.



Includes a complimentary pair of hernia pads.

Size	Pelvic Circ (cm)	Product Code	Fitting Guide
Small 65	71 – 77	652/S/65	
Small 70	77 – 82	652/S/70	
Medium 75	82 – 88	652/M/75	
Medium 80	88 – 94	652/M/80	
Large 85	94 – 100	652/L/85	
Large 90	100 – 105	652/L/90	
X Large 95	105 – 110	652/XL/95	
X Large 100	110 – 117	652/XL/100	
2X Large 105	117 – 123	652/2XL/105	
2X Large 110	123 – 130	652/2XL/110	

## LADIES STANDARD HERNIA PANTS



Standard waist pants (11" depth) designed for women. Recommended for inguinal hernia prevention and containment, pre and post-surgery.

The pants offer strong tension providing effective abdominal support and also feature internal slip pockets for optional pads to be worn if enhanced compression to the inguinal area is required. Front opening crotch area fastened via a hook and eye closure.

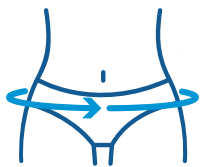
Designed so that the garment is 100% cotton against the skin for premium comfort. The fabric is also hypoallergenic and sanitized to prevent bacterial proliferation and unwanted odours.

Includes a complimentary pair of hernia pads (left and right).

### Indications For Use:

Inguinal hernia containment, pre and post hernia surgery, post childbirth.



Size	Pelvic Circ (cm)	Product Code	Fitting Guide
Small 65	71 – 77	672/S/65	
Small 70	77 – 82	672/S/70	
Medium 75	82 – 88	672/M/75	
Medium 80	88 – 94	672/M/80	
Large 85	94 – 100	672/L/85	
Large 90	100 – 105	672/L/90	
X Large 95	105 – 110	672/XL/95	
X Large 100	110 – 117	672/XL/100	
2X Large 105	117 – 123	672/2XL/105	
2X Large 110	123 – 130	672/2XL/110	



Includes a complimentary pair of hernia pads.

## LADIES HIGH HERNIA PANTS



High waist pants (13" depth) designed for women. Recommended for inguinal hernia prevention and containment, pre and post-surgery.

The pants offer strong tension providing effective abdominal support and also feature internal slip pockets for optional pads to be worn if enhanced compression to the inguinal area is required. Front opening crotch area fastened via a hook and eye closure.

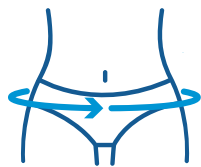
Designed so that the garment is 100% cotton against the skin for premium comfort. The fabric is also hypoallergenic and sanitized to prevent bacterial proliferation and unwanted odours.

Includes a complimentary pair of hernia pads (left and right).

### Indications For Use:

Inguinal hernia containment, pre and post hernia surgery, post childbirth.



Size	Pelvic Circ (cm)	Product Code	Fitting Guide
Small 65	71 – 77	671/S/65	
Small 70	77 – 82	671/S/70	
Medium 75	82 – 88	671/M/75	
Medium 80	88 – 94	671/M/80	
Large 85	94 – 100	671/L/85	
Large 90	100 – 105	671/L/90	
X Large 95	105 – 110	671/XL/95	
X Large 100	110 – 117	671/XL/100	
2X Large 105	117 – 123	671/2XL/105	
2X Large 110	123 – 130	671/2XL/110	



Includes a complimentary pair of hernia pads.



## HERNIA BOXER SHORTS



Restyled version of the original hernia brief, incorporating the modern boxer short design. Comfortable and easy to wear with accessible opening on the front panel. Recommended for inguinal hernia prevention and containment, pre and post-surgery.

The boxer shorts offer strong tension providing effective abdominal support and also feature internal slip pockets for optional pads to be worn if enhanced compression to the inguinal area is required.

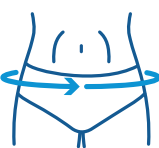
Designed so that the garment offers premium comfort against the skin. The fabric is hypoallergenic and sanitized to prevent bacterial proliferation and unwanted odours.

Ideal for use during sports or everyday activities. Includes a complimentary pair of hernia pads (left and right).

### Indications For Use:

Inguinal hernia containment, pre and post hernia surgery.



Size	Hip Circ (cm)	Product Code	Fitting Guide
Small	71 - 82	655/S	
Medium	82 - 94	655/M	
Large	94 - 105	655/L	
X Large	105 - 117	655/XL	
2X Large	117 - 130	655/2XL	



Includes a complimentary pair of hernia pads.



## REPLACEMENT HERNIA PADS

Optional accessory which can be positioned inside the predisposed slip pockets inside the briefs, pants and boxer shorts to increase compression on inguinal area for hernia containment.

Available in left or right.

Left Pad	Right Pad
T6SX/L	T6DX/R



## REINFORCED VELCRO TRUSS

Traditional design elastic belt with padded Velcro fastening.


Features anatomically shaped cushion pad with strap which fits under the buttock and to the side of the belt.

Offers maximum tension and containment for hernias. Available with a left, right or bilateral cushion pad as required.

### Indications For Use:

Compression and reduction of lateral or bilateral hernias.



Size	Hip Circ (cm)	Left Pad	Product Code Right Pad	Bilateral Pad	Fitting Guide
Small(7)	70 - 78	VT/L/S	VT/R/S	VT/B/S	
Medium(8)	78 - 86	VT/L/M	VT/R/M	VT/B/M	
Large(9)	86 - 94	VT/L/L	VT/R/L	VT/B/L	
X Large(10)	94 - 102	VT/L/XL	VT/R/XL	VT/B/XL	
2X Large(11)	102 - 110	VT/L/2XL	VT/R/2XL	VT/B/2XL	
3X Large(12)	110 - 120	VT/L/3XL	VT/R/3XL	VT/B/3XL	

## REINFORCED BUCKLE TRUSS



Traditional design elastic belt with padded buckle fastening.

Features large anatomically shaped cushion pad with strap which fits under the buttock and to the side of the belt.

Offers maximum tension and containment for hernias. Available with a left, right or bilateral cushion pad as required.

### Indications For Use:

Compression and reduction of lateral or bilateral hernias.



Bilateral version

Size	Hip Circ (cm)	Left Pad	Product Code Right Pad	Bilateral Pad	Fitting Guide
Small(7)	70 - 78	BT/L/S	BT/R/S	BT/B/S	
Medium(8)	78 - 86	BT/L/M	BT/R/M	BT/B/M	
Large(9)	86 - 94	BT/L/L	BT/R/L	BT/B/L	
X Large(10)	94 - 102	BT/L/XL	BT/R/XL	BT/B/XL	
2X Large(11)	102 - 110	BT/L/2XL	BT/R/2XL	BT/B/2XL	
3X Large(12)	110 - 120	BT/L/3XL	BT/R/3XL	BT/B/3XL	



## SUSPENSORY TRUSS

Traditional design suspensory truss featuring; a double elastic belt, straps which fit under the buttocks and fasten to the sides and an interchangeable scrotal bag.

Please note you are required to order belt and bag separately as sized.

### Indications For Use:

Scrotal hernia.



### Belt

Size	Hip Circ (cm)	Product Code	Fitting Guide
Small(7)	70 - 78	ST/BELT/S	
Medium(8)	78 - 86	ST/BELT/M	
Large(9)	86 - 94	ST/BELT/L	
XL(10)	94 - 102	ST/BELT/XL	
2X Large(11)	102 - 110	ST/BELT/2XL	
3X Large(12)	110 - 120	ST/BELT/3XL	

### Bag

Size	Length (cm) Between A-C-B	Product Code	Fitting Guide
1	25	ST/BAG/1	
2	27	ST/BAG/2	
3	29	ST/BAG/3	
4	31	ST/BAG/4	
5	33	ST/BAG/5	
6	35	ST/BAG/6	
7	37	ST/BAG/7	





ELASTIC  
COMPRESSION



STRETCH ELASTIC  
KNEE SLEEVE



NEOPRENE KNEE  
SLEEVE



ELASTIC SUPPORT  
WITH STAYS



ELASTIC SUPPORT  
WITH GEL



RODISIL™ ACTIVE  
KNEE SUPPORT



WRAPAROUND WITH  
POLYCENTRIC JOINT



DELUXE COTTON  
KNEE WRAP



MULTI-BAND  
PATELLA STABILISERS



AVENGER™ 12"  
HINGED KNEE



AVENGER™ 16"  
HINGED KNEE



AVENGER™ ROM  
BRACE



3-TEX™ ROM KNEE  
BRACE



POST-OP  
TELESCOPIC KNEE



MACKIE™  
CONTRACTURE



GONARTEC™  
VARGUS/VALGUS



PATELLA EXTRA  
KNEE ORTHOSIS



DYNATRACK™ KNEE  
ORTHOSIS



PAD-FIX™ PATELLA  
PAD



PATELLAVTOR™  
STRAP



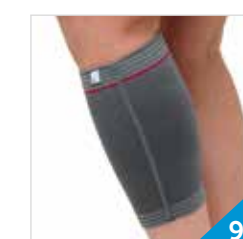
3 PANEL KNEE  
IMMOBILISER



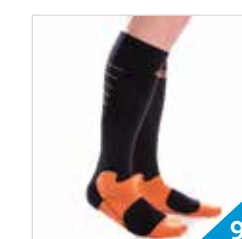
1 PANEL KNEE  
IMMOBILISER



ELASTIC THIGH &  
HAMSTRING



ELASTIC CALF  
SUPPORT



COMPRESSION  
SOCKS

## ELASTIC COMPRESSION SUPPORT




Lightweight pull-on design elastic knee support featuring dual tension zones offering gentle to mid compression across the joint region.

Extremely comfortable, providing extra warmth and suitable for everyday activities.

### Indications For Use:

Tendonitis, arthritis, slight contusions, minor trauma and instability, inflammatory conditions.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	29 - 39	BX/507/S	
Medium	32 - 42	BX/507/M	
Large	34 - 44	BX/507/L	
X Large	37 - 47	BX/507/XL	

## STRETCH ELASTIC KNEE SLEEVE




Lightweight pull-on design stretch elastic knee support offering strong uniform compression.

Extremely comfortable, providing extra warmth and suitable for everyday activities.

### Indications For Use:

Tendonitis, arthritis, slight contusions, minor trauma and instability, inflammatory conditions.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	32 - 36	TN210/S	
Medium	36 - 41	TN210/M	
Large	41 - 48	TN210/L	



## NEOPRENE KNEE SLEEVE


Pull-on design neoprene knee support offering therapeutic warmth and strong uniform compression.

Features double strength patella panel and lateral spiral stays providing mild stability and support.

### Indications For Use:

Sprains, strains, instability, muscle fatigue, oedematous knee.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	25 - 30	2106/OP	
Medium	30 - 35	2107/OP	
Large	35 - 40	2108/OP	
X Large	40 - 45	2109/OP	

## WOVEN ELASTIC SUPPORT WITH STAYS



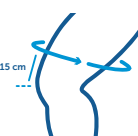
Anatomically designed pull-on knee support constructed from woven 4-way stretch elastic fabric.

Provides thermo-compression and features air-hole knitting technology which enables enhanced ventilation for improved comfort. Spiral stays also offer mild medial and lateral stability.

### Indications For Use:

Tendonitis, arthritis, slight contusions, minor trauma and instability, inflammatory conditions.



Size	Thigh Circ (cm)	Product Code	Fitting Guide
Small	39 - 43	K565/S	
Medium	43 - 47	K565/M	
Large	47 - 51	K565/L	
X Large	51 - 55	K565/XL	
2X Large	55 - 59	K565/2XL	



## WOVEN ELASTIC SUPPORT WITH GEL



Anatomically designed pull-on knee support constructed from woven 4-way stretch elastic fabric. Provides thermo-compression and features air-hole knitting technology which enables enhanced ventilation.

A gel patella buttress and spiral stays offer mild patella, medial and lateral stability.

### Indications For Use:

Tendonitis, arthritis, slight contusions, minor trauma and instability, inflammatory conditions.



Size	Thigh Circ (cm)	Product Code	Fitting Guide
Small	39 – 43	K566/S	
Medium	43 – 47	K566/M	
Large	47 – 51	K566/L	
X Large	51 – 55	K566/XL	
2X Large	55 – 59	K566/2XL	

## RODISIL™ ACTIVE KNEE SUPPORT



Anatomically designed pull-on knee sleeve fabricated from multi-directional woven elastic fabric. Offers varied levels of compression across different regions of the knee for enhanced comfort and support.

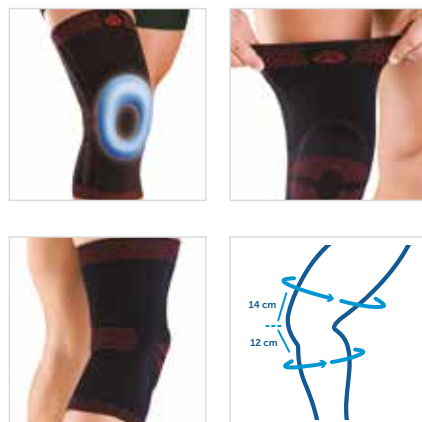
Incorporates a visco-elastic ring cushion for patella control and flexible lateral stabilisers for medio-lateral control. Soft grip interior fabric prevents the garment from rolling down during movement.

### Indications For Use:

Tendomyopathy, first phase ligamentosis, mild arthrosis, post trauma, post-surgery, sprains and instability.



Size	Thigh Circ (cm)	Calf Circ (cm)	Product Code
X Small	38 – 41	28 – 31	9104/XS
Small	41 – 44	31 – 34	9104/S
Medium	44 – 47	34 – 37	9104/M
Large	47 – 50	37 – 40	9104/L
X Large	50 – 53	40 – 43	9104/XL
2X Large	53 – 56	43 – 46	9104/2XL
3X Large	56 – 59	46 – 49	9104/3XL



## WRAPAROUND WITH POLYCENTRIC JOINTS



Wraparound design knee support with open patella and polycentric lateral hinges. Fabricated from breathable material which regulates moisture and temperature control.

Support opens out completely for ease of application with thigh and calf touch-and-close fastenings for secure fitting.

### Indications For Use:

Post-surgery management, sprains, strains, bursitis, tendonitis, osteoarthritis, rheumatoid arthritis.



Size	Knee Circ (cm)	Product Code	
Small	32 – 36	7120/S	
Medium	36 – 41	7120/M	
Large	41 – 49	7120/L	



## DELUXE COTTON KNEE WRAP

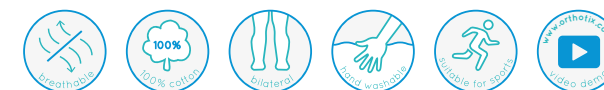


Wraparound design knee support with open patella and removable lateral spiral stays. Fabricated from breathable material which is 100% cotton against the skin for premium comfort.

Support opens out completely for ease of application with thigh and calf touch-and-close fastenings for secure fitting.

### Indications For Use:

Post-surgery management, sprains, strains, bursitis, tendonitis, osteoarthritis, rheumatoid arthritis.



Size	Thigh Circ (cm)	Product Code	
Small	35 – 40	21/S	
Regular	40 – 48	21/R	
Extra	48 – 58	21/E	



## MULTI-BAND PATELLA STABILISER



#41

Deluxe stabilising knee support fabricated from hypoallergenic breathable material which is 100% cotton against the skin for premium comfort.

Features an exclusive multi-band locking system which enables adjustable levels of compression and support to differing regions of the knee.

Incorporates two C-shaped internal buttresses which are positioned to encircle and stabilise the patella.

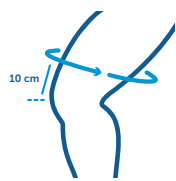
Includes a pair of standard aluminium spiral stays and for more effective lateral support a pair of polycentric hinges, which can be interchanged as required.

Available in two variants, either with or without patella aperture.

### Indications For Use:

Patella sub-luxation, patellar instability, tendonitis, post fracture, post-op management, sprains.



Size	Thigh Circ (cm)	Product Code		Fitting Guide
		Without Hole	With Hole	
Small	32 – 36	41/S	42/S	
Medium	36 – 40	41/M	42/M	
Large	40 – 45	41/L	42/L	
X Large	44 – 49	41/XL	42/XL	
2X Large	48 – 54	41/2XL	42/2XL	
3X Large	54 – 60	41/3XL	42/3XL	
4X Large	60 – 66	41/4XL	42/4XL	



#42



Spiral

Polycentric

Includes both sets of stays.



## AVENGER™ 12" HINGED KNEE BRACE

Front opening wraparound design knee brace with open patella and removable malleable multi-centric hinges for medio-lateral stability.

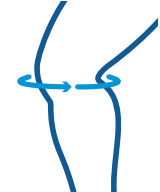
Features part elasticated thigh and calf straps with touch-and-close fastenings to regulate desired level of compression and reduce distal migration.

Fabricated from breathable neoprene based material to prevent moisture build up and enhance comfort.

### Indications For Use:

Medio lateral instability, patella control, osteoarthritis, rheumatoid arthritis, post trauma.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	25 – 30	5013	
Medium	30 – 35	5014	
Large	35 – 40	5015	
X Large	40 – 45	5016	
2X Large	45 – 50	5017	
3X Large	50 – 55	5018	

## AVENGER™ 16" HINGED KNEE BRACE

Front opening wraparound design knee brace with open patella and removable malleable multi-centric hinges for medio-lateral stability.

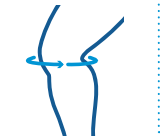
Features two part elasticated thigh and calf straps with touch-and-close fastenings to regulate desired level of compression and reduce distal migration. 16" length version offering enhanced support.

Fabricated from breathable neoprene based material to prevent moisture build up and enhance comfort.

### Indications For Use:

Medio lateral instability, patella control, osteoarthritis, rheumatoid arthritis, post trauma.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	25 – 30	6013	
Medium	30 – 35	6014	
Large	35 – 40	6015	
X Large	40 – 45	6016	





## AVENGER™ ROM BRACE



Front opening wraparound design knee brace with open patella and easy to use range of motion control hinges providing polycentric articulations of 0-15-30-60-90 degrees of flexio-extension.

Features part elasticated thigh and calf straps with touch-and-close fastenings to regulate desired level of compression.

Easy application achieved from both upper and lower front openings with Terry towelling interior lining and non-slip silicone anti-migration strips for enhanced comfort.

### Indications For Use:

Ligament and cartilage injuries, post-op, rehabilitation, arthritis.



Size	Knee Circ (cm)	Product Code	Fitting Guide
Small	30 - 35	BXAR/S	
Medium	35 - 40	BXAR/M	
Large	40 - 45	BXAR/L	
X Large	45 - 50	BXAR/XL	
2X Large	50 - 55	BXAR/2XL	



## 3-TEX™ ROM KNEE BRACE



Front and back opening wraparound design knee brace with open patella and easy to use range of motion control hinges providing polycentric articulations of 0-15-30-60-90 degrees of flexio-extension.

Features adjustable thigh and calf straps with touch-and-close fastenings to regulate desired level of compression.

Fabricated from 3-TEX™ breathable material which regulates moisture and temperature control. Finished with Terry towelling interior lining and non-slip silicone anti-migration strips for enhanced comfort.

### Indications For Use:

Ligament and cartilage injuries, post-op, rehabilitation, arthritis.



Size	Knee Circ (cm)	Product Code	Fitting Guide
X Small	32 - 34	7112/XS	
Small	34 - 36	7112/S	
Medium	36 - 38	7112/M	
Large	38 - 41	7112/L	
X Large	41 - 44	7112/XL	
2X Large	44 - 49	7112/2XL	



## POST-OP TELESCOPIC KNEE BRACE

Lightweight telescopic design knee brace incorporating range of motion hinges which enable the control of movement from full extension (0°) to 120° of flexion.

Features a simple switch locking system at 0°, 15°, 30° and 45°.

The prolongation system uses telescopic lateral bars which can be adjusted in length by simply using the push-and-slide system covering a length range of 54cm to 71cm. Four trimmable foam and velour straps (two thigh and two calf) are easily fastened for a comfortable secure fitting.

### Indications For Use:

Unstable or lesioned knees, ligament injuries; ACL, PCL, LCL and MCL, meniscus and patellar tendon injury, post-op management and rehabilitation.



Size	Product Code
Universal	94250/UNI

## MACKIE™ CONTRACTURE KNEE BRACE



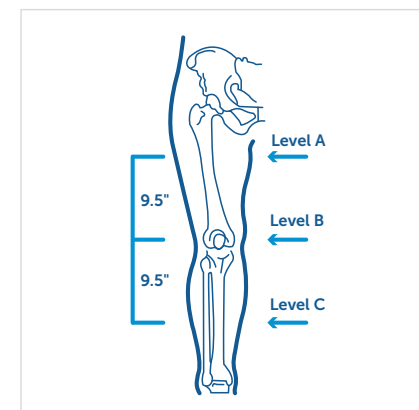
Lightweight low profile contracture knee brace incorporating two Mackie™ hinges for the management of soft tissue flexion and extension whilst providing static stretch.

Removable bi-directional adjustment knobs offer infinite angle settings in fractional increments.

Patient friendly for easy home use.

### Indications For Use:

Soft tissue contractures, trauma, immobilisation, muscle strength imbalance, arthritis, burns, cerebral palsy, stroke, traumatic brain injury, post-op management.



Size	A Circ (cm)	B Circ (cm)	C Circ (cm)	Product Code
Small	32.4 - 41.19	29.8 - 36.9	20.3 - 29.8	CKB/S
Medium	45.7 - 53.3	38.1 - 43.2	24.1 - 31.8	CKB/M
Large	53.3 - 61	43.2 - 50.8	32.4 - 41.9	CKB/L

## GONARTEC™ VARGUS/VALGUS KNEE SUPPORT



Varus-valgus knee support fabricated from breathable elastic material incorporating a polycentric articulation to one side and flexible boning to the opposite.

A condylar air cushion inflation system enables medial or lateral compression for knee valgus or varus.

Features femoral and tibial closure with an infrapatellar pad and front femoral opening for ease of application.

### Indications For Use:

Arthrosis of the tibio-femoral compartments, arthritic valgus and varus, meniscal injuries, gonarthrosis.

### Ordering Guide:

- When inflating, the cushion increases the medial or lateral compression for knee valgus or varus in order to obtain an opening in the other tibio-femoral compartment, minimising condylar loads on the superior extremity of the tibia.
- The polycentric articulation combined with the inflatable cushion will contribute to an improved alignment.

When ordering the Gonartec, please bare in mind:

- Right Version: suitable for right knee varus or left knee valgus
- Left Version: suitable for left knee varus or right knee valgus

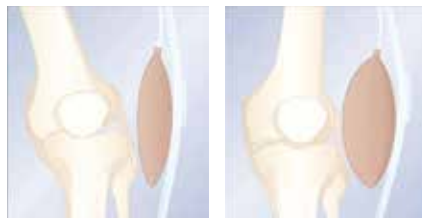
Genu Valgus



1

2

Genu Varus



1

2



Size	Knee Circ (cm)	Product Code		Fitting Guide
		Left	Right	
X Small	32 - 34	6121/L/XS	6121/R/XS	
Small	34 - 36	6121/L/S	6121/R/S	
Medium	36 - 38	6121/L/M	6121/R/M	
Large	38 - 41	6121/L/L	6121/R/L	
X Large	41 - 44	6121/L/XL	6121/R/XL	



## PATELLA EXTRA KNEE ORTHOSIS

Breathable neoprene based knee orthosis which aids patella tracking without the bulk of a conventional knee support.

Large popliteal opening permits high degree of flexion whilst an internal buttress can be positioned to apply lateral or medial pressure on the patella.

Simple touch-and-close fastening for ease of application and enhanced compression and warmth.

### Indications For Use:

Dislocating / subluxing patella.



Size	Knee Circ (cm)	Product Code	Fitting Guide
X Small	25 - 30	BX/PE/XS	
Small	30 - 35	BX/PE/S	
Medium	35 - 40	BX/PE/M	
Large	40 - 45	BX/PE/L	
X Large	45 - 50	BX/PE/XL	
2X Large	50 - 55	BX/PE/2XL	

## DYNATRACK™ KNEE ORTHOSIS

Knee orthosis which aids patella tracking without the bulk of a conventional knee support.

Large popliteal opening permits high degree of flexion whilst an internal buttress can be positioned to apply lateral or medial pressure on the patella.

Simple touch-and-close fastening for ease of application and enhanced compression and warmth.

### Indications For Use:

Patellafemoral dysfunction.



Size	Knee Circ (cm)	Product Code	Fitting Guide
X Small	25 - 30	7001	
Small	30 - 35	7002	
Medium	35 - 40	7004	
Large	40 - 45	7005	
X Large	45 - 50	7006	
2X Large	50 - 55	7007	



## PAD-FIX™ UNIVERSAL PATELLA PAD



Low profile design patella strap made from velour and foam incorporating a detachable silicone pad cushion.

Features touch-and-close buckle fastening system for adjustable compression.

One size fits all and ideal for use when undertaking sporting activities.

### Indications For Use:

Patella tendonitis, osgood-schlatter disease.



Size	Product Code
Universal	SP110

## PATELLAVATOR™ STRAP



Low profile interlocking patella strap made from Coolflex™ material.

Featuring an anatomically designed moulded pad to apply specific loading to patella tendon.

### Indications For Use:

Patella tendonitis, osgood-schlatter disease.



Size	Knee Circ (cm)	Product Code
Small	28 - 33	3622
Medium	33 - 39	3624
Large	39 - 44	3625



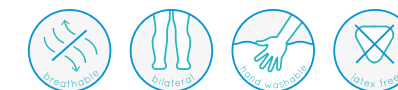
## 3 PANEL KNEE IMMOBILISER

Lightweight three panelled immobilising splint made from breathable foam laminate with malleable medial and lateral stays.

Available in 4 different lengths.

### Indications For Use:

Post trauma, post-op management, cast removal.



Length	Product Code
16" Universal	BXI/16
18" Universal	BXI/18
20" Universal	BXI/20
24" Universal	BXI/24



## 1 PANEL KNEE IMMOBILISER

One panel wraparound design immobilising splint made from trimmable foam material with malleable medial and lateral stays.

Features elastic strapping to prevent distal migration and rigid posterior stays for enhanced stability.

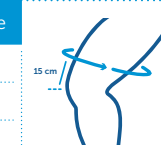
Available in 3 different lengths and ideal for patients with larger thigh measurements.

### Indications For Use:

Post trauma, post-op management, cast removal.



Size	Thigh Circ (cm)	Product Code
18" Universal	Up to 67	3665
20" Universal	Up to 75	3670
24" Universal	Up to 84	3680



## WOVEN ELASTIC THIGH & HAMSTRING SUPPORT



Pull-on sleeve design constructed from breathable 4-way woven elastic which enables enhanced ventilation, compression and warmth whilst supporting the thigh and hamstrings.

Offers general compression to improve blood circulation to quadriceps and hamstrings. Ideal for use in sports, especially; running, cycling, football, rugby etc.

### Indications For Use:

Post-op, post-injury, prevention of tears, tight hamstrings, aid muscle recovery, reduce muscle fatigue.



Size	Thigh Circ (cm)	Product Code	Fitting Guide
Small	43 – 47	T502/S	
Medium	47 – 51	T502/M	
Large	51 – 55	T502/L	
X Large	55 – 59	T502/XL	

## WOVEN ELASTIC CALF SUPPORT



Pull-on sleeve design constructed from breathable 4-way woven elastic which enables enhanced ventilation, compression and warmth whilst supporting the calf.

Offers general compression and enables improved blood circulation to the calf muscle to help prevent injuries / fatigue. Ideal for sports, especially; running, cycling, football, netball, rugby etc.

### Indications For Use:

Calf tears, calf pain, calf cramping, shin injuries, aid muscle recovery, reduce muscle fatigue.



Size	Calf Circ (cm)	Product Code	Fitting Guide
Small	30 – 34	C502/S	
Medium	34 – 38	C502/M	
Large	38 – 42	C502/L	
X Large	42 – 46	C502/XL	



Colour: black & orange



Colour: white & blue

## SPORTS COMPRESSION SOCKS

Technical compression socks designed to be worn whilst undertaking general sports; running, cycling, triathlon, tennis etc. improving venous return, blood circulation and reducing recovery time.

Constructed from polyamide and lycra fabric offering gradual compression of 15-20 mmHg.

Seamless design prevents chafing, whilst air channels intertwined in the fabric enables enhanced ventilation and constant temperature control. A padded area at the top of the instep also optimises comfort.

### Indications For Use:

Aid muscle recovery, reduce muscle fatigue, protection and support for vulnerable areas such as Achilles tendon, calves, toes and soles of feet.



Size	Max Calf Circ (cm)	Product Code		Fitting Guide
		Black/Orange	White/Blue	
Small	30 – 34.5	D500/S	D501/S	
Medium	34.5 – 39	D500/M	D501/M	
Large	39 – 43.5	D500/L	D501/L	
X Large	43.5 – 48	D500/XL	D501/XL	







ANKLE SLEEVES



STENUA™ ANKLE  
SUPPORT



MERCURIO™ ANKLE  
SUPPORT



SALTO™ ANKLE  
STABILISER



ASO™



TOBIPLUS™ LACER  
BRACE



ALTTEX™ MEDIO-  
LATERAL ORTHOSIS



AIR-GEL ANKLE  
STIRRUP



VALFEET™ RIGID  
ANKLE BRACE



PLANTAR FASCIITIS  
SPLINTS



PLANTAR FASCIITIS  
& ACHILLES



PRESSURE RELIEF  
AFO



ANKLE FOOT  
ORTHOSES



BOXIA™ DROP FOOT  
AFO



BOXIA™  
ACCESSORIES



DYNAMIC WALK AFO



THONNISSEN™  
SUPPORT



LIMB/FOOT  
DE-ROTATION



POST-OP STANDARD  
SHOES



POST-OP HEEL  
WEIGHT BEARING



POST-OP TOE  
WEIGHT BEARING



POST-OP DIABETIC  
SHOE & INSOLE



THERAPY SHOES



WALKER BOOTS



ULTRA AIR WALKER

## STRETCH ELASTIC SUPPORT WITH ACHILLES PAD



Pull-on design ankle support fabricated from breathable stretch elastic material offering uniform compression.

Incorporates an achilles heel foam pad for protection and prevention of friction.

### Indications For Use:

Sprains, tendonitis, minor trauma, mild instability, Achilles tendonitis.



Size	Ankle Circ (cm)	Product Code	Fitting Guide
Small	17 – 20	TN240/S	
Medium	20 – 23	TN240/M	
Large	23 – 26	TN240/L	

## WOVEN ELASTIC SLEEVE WITH GEL PADS



Pull-on design ankle sleeve fabricated from breathable 4-way stretch woven elastic material offering enhanced compression and support.

Features protective silicone pads located either side of the ankle bone for protection and prevention of friction.

### Indications For Use:

Ankle sprains, twists, arthritis, tendonitis, prevention of friction/pressure on ankle bone.



Size	Ankle Circ (cm)	Product Code	Fitting Guide
Small	18 – 21	A507/S	
Medium	21 – 24	A507/M	
Large	24 – 27	A507/L	
X Large	27 – 30	A507/XL	



## STENUA™ ANKLE SUPPORT

Pull-on sock design ankle support which prevents excessive pronation and supination of the foot.

Fabricated using hypoallergenic material which is 100% cotton against the skin for enhanced comfort.

### Indications For Use:

Ankle sprains, tendonitis, articular effusion, rehabilitation.



Size	Short Heel Circ (cm)	Product Code	Fitting Guide
Small	21 – 26	16/S	
Medium	26 – 30	16/M	
Large	30 – 36	16/L	
X Large	36 – 40	16/XL	
2X Large	40 – 45	16/2XL	



## MERCURIO™ ANKLE SUPPORT

Pull-on sock and bandage wrap design ankle support offering uniform compression.

Elasticated straps with touch-and-close fastenings wrap around the ankle and foot to limit articular abduction and adduction.

Fabricated using hypoallergenic material which is 100% cotton against the skin for enhanced comfort.

### Indications For Use:

Ankle sprains, tendonitis, luxations, rehabilitation, tibialis posterior dysfunction, plantar fasciitis.



Size	Product Code
Universal	15/UNI



## SALTO™ ANKLE STABILISER



Stabilising brace with figure of 8 strapping for controlling inversion and eversion of the ankle.

Features a posterior opening for easy and painless application. Fabricated using hypoallergenic material which is 100% cotton against the skin for enhanced comfort.

### Indications For Use:

Inversion or eversion sprains, medial or lateral instability.



Size	Short Heel Circ (cm)	Product Code	Fitting Guide
Small	21 - 26	17/S	
Medium	26 - 30	17/M	
Large	30 - 36	17/L	
X Large	36 - 40	17/XL	
2X Large	40 - 45	17/2XL	



## ASO™ ANKLE STABILISING ORTHOSIS



Lightweight low profile design constructed from durable ballistic nylon offering superb medio-lateral control of the ankle joint.

Features figure of 8 strapping which mimics taping application combined with removable medial and lateral plastic stays for additional support.

Lacing enclosure and elasticated cuff enable adjustable levels of compression as required.

### Indications For Use:

Inversion or eversion sprains, medial or lateral instability, subtalar joint instability.



Size	Short Heel Circ (cm)	Product Code	Fitting Guide
X Small	25 - 28	264031	
Small	28 - 30	264032	
Medium	30 - 33	264034	
Large	33 - 35	264035	
X Large	35 - 38	264036	
2X Large	38 - 40	264037	



## TOBIPLUS™ LACER BRACE

Ankle stabilising orthosis made from highly resistant velour with a breathable interior lining fitted with medial and lateral stays. These provide natural stability without restricting flexion and extension.

Lace-up traction system combined with medio-lateral straps offers adjustable compression and controls eversion and inversion.

### Indications For Use:

Ankle injuries such as sprains, small fractures and mild to moderate instability, post-surgery, preventative measure for sporting injuries.



Size	Ankle Circ (cm)	Product Code	Fitting Guide
Small	17 - 20	EST090/S	
Medium	20 - 25	EST090/M	
Large	25 - 30	EST090/L	



## ALTTEX™ MEDIO-LATERAL ORTHOSIS

Low profile ankle orthosis designed to provide a high level of stabilising biomechanical control.

Constructed from breathable velour, featuring anatomically designed medio-lateral stabilisers positioned at anti-rotational angles to provide excellent control of eversion and inversion of the ankle and foot.

Rear strap maintains position of stays whilst the varus correction strap provides rearfoot pronation preventing supinatory movement.

### Indications For Use:

Chronic ligament insufficiency (recurrent sprains), preventative measure for sports-related injuries, post-surgical rehabilitation, musculotendinous, osteoarticular injuries.



Size	Ankle Circ (cm)	Product Code Left	Product Code Right	Fitting Guide
Small	17 - 20	ALT/S/L	ALT/S/R	
Medium	20 - 25	ALT/M/L	ALT/M/R	
Large	25 - 30	ALT/L/L	ALT/L/R	



## AIR-GEL ANKLE STIRRUP



Medial and lateral rigid plastic supporting shells lined with air and gel cushions.

Bilateral design which can be adjusted to counter changes in ankle size from swelling.

Can be refrigerated to offer cold therapy management.

### Indications For Use:

Acute soft tissue injury, lateral ligament injury, medio lateral ankle instability.



Size	Product Code
Universal	223230



## VALFEET™ RIGID ANKLE BRACE



Rigid ankle brace constructed from two cushioned thermoplastic malleolar valves with an articulating sole plate.

Allows normal dorsiflexion and plantarflexion providing enhanced medio-lateral ankle support and stability.

### Indications For Use:

Post injury immobilisation, functional rehabilitation, plantar fasciitis.



Size	Shoe Size (European)	Product Code	
		Left	Right
X Small	35 - 37	VXR/XS/L	VXR/XS/R
Small	38 - 40	VXR/S/L	VXR/S/R
Medium	41 - 43	VXR/M/L	VXR/M/R
Large	44 - 46	VXR/L/L	VXR/L/R



## PLANTAR FASCIITIS BAND

Anatomically designed velour and elastic orthosis featuring an adjustable micro-Velcro fastening and comfort gel pads.

Low profile design is easily accommodated in footwear and applies targeted pressure to the plantar fascia to alleviate discomfort.

### Indications For Use:

Acute soft tissue injury, lateral ligament injury, medio lateral ankle instability.



Size	Ankle Circ (cm)	Product Code
Small	17 - 21	FP01/S
Medium	21 - 25	FP01/M
Large	25 - 29	FP01/L



## DORSAL NIGHT SPLINT



Bilaterally designed lightweight low profile orthosis constructed from breathable fabric featuring a malleable aluminium stay which can be adjusted to control dorsiflexion as required.

Sleep easy design with no hard or bulky surfaces and non-slip sole material for increased traction.

### Indications For Use:

Plantar fasciitis and achilles tendonitis.



Size	Shoe Size (UK)	Product Code
Small	3.5 - 6	BX/DNS/S
Medium	6.5 - 9	BX/DNS/M
Large	9.5 - 12	BX/DNS/L
X Large	12 plus	BX/DNS/XL





## PLANTAR FASCIITIS & ACHILLES TENSION SPLINT



Durable lightweight orthosis consisting of thermoplastic shell and padded liners.

Incorporates flexion straps to hold the foot in dorsiflexion and enable load application to soft tissues of the plantar fascia and Achilles tendon.

Angle of the ankle can be adjusted with the use of a foam wedge which is supplied with the splint.

### Indications For Use:

Plantar fasciitis, achilles tendonitis, muscle tightening.



Size	Shoe Size (UK)	Footplate Length (cm)	Brace Height (cm)	Product Code
Small	Up to 5½	25	33	PFS/S
Medium	6 - 9	27	35	PFS/M
Large	9+	28	38	PFS/L



Includes foam wedge.

## PRESSURE RELIEF AFO



Plastic shelled ankle foot orthosis finished with a padded foam liner offering complete pressure-free heel suspension support with a detachable soleplate.

Features; an adjustable anti-rotation bar to control internal or external rotation, adjustable toe post and cover for protection and a padded ankle strap to maintain correct positioning.

Prevents heel pressure sores developing by removing pressure and improving airflow.

### Indications For Use:

Plantar fasciitis, achilles tendonitis, pressure ulcers.



Size	Shoe Size (UK)	Product Code
Small	Up to 9	BXP/S
Large	9.5 Plus	BXP/L



Anti-rotation bar.



## STANDARD AFO

Low profile prefabricated leaf spring design ankle foot orthosis providing dorsi-flexion assistance.

Constructed from injection moulded polypropylene with a trimmable full length footplate and open heel to fit into footwear easily. Orthosis can be modified with heat if required.

Also features a detachable and washable soft padded calf band for improved comfort and hygiene.

### Indications For Use:

Flaccid foot drop.



Size	Foot Length (cm)	Product Code Left	Product Code Right
Small	Under 19	BX/AFO/L/S	BX/AFO/R/S
Medium	19 - 27	BX/AFO/L/M	BX/AFO/R/M
Large	27 - 33	BX/AFO/L/L	BX/AFO/R/L
X Large	33+	BX/AFO/L/XL	BX/AFO/R/XL

## AFX™ REINFORCED AFO

Low profile prefabricated leaf spring design ankle foot orthosis providing dorsi-flexion assistance.

Constructed from injection moulded polypropylene with a carbon fibre composite for reinforced strength.

Features; a trimmable full length footplate and open heel to fit into footwear easily, a detachable and washable soft padded calf band for improved comfort and a detachable strap for enhanced fixation to the foot if required.

### Indications For Use:

Flaccid foot drop, moderate spastic equinus foot.



Size	Shoe Size (EU)	Height (cm)	Product Code Left	Product Code Right
Small	35 - 40	26	AFX/L/S	AFX/R/S
Medium	41 - 44	29	AFX/L/M	AFX/R/M
Large	41 - 44	34	AFX/L/L	AFX/R/L
X Large	44+	39	AFX/L/XL	AFX/R/XL
Replacement Calf Padding Kit - Universal			AFX/UNI	



Heel retaining strap.

## BOXIA™ DROP FOOT AFO



Black version



Beige version

Includes; ankle cuff, tongue & hook, S-shaped hooks and tension strap.

A comfortable and cosmetic orthosis designed for discreet treatment of flaccid paralysis drop foot.

Consisting of two separate components; a cuff situated above the ankle and a non-slip hook section which fits between the laces / Velcro straps of footwear. Discreet design which can easily be accommodated in footwear.

Constructed from perforated material for ventilation and includes gel padded sections for enhanced Achilles and dorsiflexor tendon comfort.

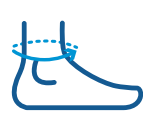
### How It Works:

The Boxia™ raises the forefoot providing vital foot clearance during swing phase, thus reducing risk of tripping over everyday objects.

### Indications For Use:

Flaccid paralysis drop foot.



Size	Ankle Circ (cm)	Product Code (Black)	Product Code (Beige)	Fitting Guide
X Small	13 - 17	BOX/XS	BBOX/XS	
Small	17 - 21	BOX/S	BBOX/S	
Medium	21 - 25	BOX/M	BBOX/M	
Large	25 - 29	BOX/L	BBOX/L	

## BOXIA™ SHOELESS ATTACHMENT



Also available in black.

Attachment enables the Boxia™ AFO to be worn and used effectively without any footwear.

Consists of perforated breathable fabric anatomically designed to the shape of either left or right foot, providing support through padded arch area.

Please note this attachment needs to be used in conjunction with the Boxia™ AFO ankle cuff component to be effective.

### Indications For Use:

Flaccid paralysis drop foot.



Size	Instep Circ (cm)	Product Code: Black Left	Product Code: Black Right	Product Code: Beige Left	Product Code: Beige Right
Small	17 - 21	BOX/INT/S/L	BOX/INT/S/R	BBOX/INT/S/L	BBOX/INT/S/R
Medium	21 - 25	BOX/INT/M/L	BOX/INT/M/R	BBOX/INT/M/L	BBOX/INT/M/R
Large	25 - 29	BOX/INT/L/L	BOX/INT/L/R	BBOX/INT/L/L	BBOX/INT/L/R



Padded arch



## BOXIA™ CALF SUPPORT

Recommended for patients which demonstrate intolerance due to excessive force.

Assists in stabilising the Boxia™ orthosis, reducing forces and stresses by transferring them from the ankle to calf.

Size	Product Code	Fits Boxia AFO Size
X Small	BOX/CS/XS	X Small
Small	BOX/CS/S	Small & Medium
Medium	BOX/CS/M	Large

## BOXIA™ TENSION STRAP

Please note that Boxia™ tension strap size small, will fit both the Small and X-Small Boxia AFO's.

Size	Product Code (black)	Product Code (beige)
Small	BOX/TS/XS-S	BBOX/TS/XS-S
Medium	BOX/TS/M	BBOX/TS/M
Large	BOX/TS/L	BBOX/TS/L



## BOXIA™ HOOK PAD



Size	Product Code: Black	Product Code: Beige
Universal	BOX/TI	BBOX/TI



## BOXIA™ S-SHAPED HOOK



Size	Product Code
Universal	BOX/S/H





DYNAMIC WALK AFO



Bilateral version



Lateral/Medial version



Includes padding kit as standard.

The Dynamic Walk is a dynamic drop foot AFO constructed from lightweight carbon fibre composite and peek rods, providing high strength and flexibility allowing patients to undertake daily activities with ease.

The revolutionary thermoplastic carbon fibre material exhibits the strength and stability of carbon fibre coupled with the re-formable attributes of a thermoplastic. This enables the reshaping and trimming of the composite material to suit individual patient’s requirements.

The peak rods are key to the Dynamic Walk’s lifting action and flexibility. When a patient’s ankle is in a 90° position, the rods are held out of their unloaded position and will use that stored energy to actively lift the foot at the initiation of the swing phase.

The ability of the peek rods to be moved beyond the 90° position enables the patient to easily plantarflex. This ensures that everyday activities such as crouching, walking up or down stairs, driving etc. are all possible without the need to adjust or remove the orthosis.

Simple to don and doff and discreet design means that it is easily accommodated in footwear.

Available as a bilateral variant (single rods) and a medial or lateral variant (dual rods).

Please note all variants are issued with padding kits as standard.

Replacement padding kits are available upon request.

Indications For Use:

Flaccid foot drop.



				Bilateral Version	
Size	Foot Length (cm)	Loaded Height (cm)	Shoe Size (UK)	Product Code Left	Product Code Right
Small	23	32	3 - 4	DAFO/L/S	DAFO/R/S
Medium	25	34	5 - 6	DAFO/L/M	DAFO/R/M
Large	27	37	7 - 12	DAFO/L/L	DAFO/R/L

			Lateral Version		Medial Version	
Size	Height (cm)	Shoe Size (UK)	Product Code Left	Product Code Right	Product Code Left	Product Code Right
Small	32	3 - 4	DW/L/L/S	DW/L/R/S	DW/M/L/S	DW/M/R/S
Medium	34	5 - 6	DW/L/L/M	DW/L/R/M	DW/M/L/M	DW/M/R/M
Large	37	7 - 12	DW/L/L/L	DW/L/R/L	DW/M/L/L	DW/M/R/L



THONNISSEN™ SUPPORT

Ultra-lightweight carbon fibre composite orthosis designed for moderate to severe dropfoot.

Design features; a rigid shell offering superior medio-lateral stability, a hinged ankle joint promoting a biomechanically correct gait, dynamic straps which provide individual support for dorsal extension, and an adjustable elasticated cross-strap system which ensures sufficient lift force and correct positioning during plantar flexion.

Easy application due to the attachment clip which enables single handed opening and closing, ideal for stroke patients etc.

Orthosis is also easily accommodated in footwear.

Indications For Use:

Moderate to severe foot drop, traumatic peroneal lesion, multiple sclerosis, polyneuropathy, amyotrophic lateral sclerosis, nerve root syndrome, apoplexia, hemiplegia, monoplegia, talipes equinus.



Shoe Size (UK)	Shoe Size (EU)	Product Code Left	Product Code Right
2 - 3	35 - 36	13336	23336
4 - 5	37 - 38	13338	23338
6 - 7	39 - 40	13340	23340
8 - 9	41 - 42	13342	23342
10 - 11	43 - 44	13344	23344
12 - 13	45 - 46	13346	23346
14 - 15	47 - 48	13348	23348

## LIMB/FOOT DE-ROTATION ORTHOSIS



Lightweight and effective orthosis designed to counteract internal or external rotation of the lower limb, incorporating an abdominal binder and a pair of removable lower limb de-rotation bands.

Adjustable Velcro-attractive abdominal binder connects to detachable full length high elasticity lower limb bands with distal loops which slide easily and securely over instep.

Variable lengths of band available, all of which can be trimmed as required but should be sufficient to go around lower leg twice, upper leg twice and around waist to provide optimum de-rotational force.

Discreet and can be worn against the skin under clothing and with footwear. When ordering please quote required size of abdominal binder and de-rotational bands.

### Indications For Use:

Children or adults with internal or external rotation of the lower limb, prevents tripping & possible muscle contraction.



Abdominal Binder

Size	Length (cm)	Product Code
Small	Up to 60	DO/AB/S
Medium	Up to 80	DO/AB/M
Large	Up to 100	DO/AB/L

De-rotation Bands (Pair)

Size	Length (cm)	Product Code
Small	100	DO/DB/S
Medium	150	DO/DB/M
Large	200	DO/DB/L

When ordering please quote required size of abdominal binder and de-rotation band.



Open toe version



Closed toe version

## POST-OP STANDARD SHOE

Lightweight open or closed toe design constructed from a breathable soft mesh upper with padded heel collar and semi-rigid nonslip sole unit.

Open toe version features an adjustable twin strap Velcro closure system to accommodate dressings. Closed toe variant features a detachable velcro strap for bulky dressings and ankle strap to prevent heel slippage.

### Indications For Use:

Post; foot, toe and soft tissue operations, oedemas.



Open toe

Size	Shoe Size (UK)		Product Code	
	Mens	Womens	Mens	Womens
Small	6 - 7	2 - 3	POS/M/S	POS/W/S
Medium	7 - 9	4 - 5	POS/M/M	POS/W/M
Large	9 - 10	6 - 7	POS/M/L	POS/W/L
X Large	10 - 12		POS/M/XL	

Closed toe

Size	Shoe Size (UK)		Product Code	
	Mens	Womens	Mens	Womens
Small	6 - 7	2 - 3	POCS/M/S	POCS/W/S
Medium	7 - 9	4 - 5	POCS/M/M	POCS/W/M
Large	9 - 10	6 - 7	POCS/M/L	POCS/W/L
X Large	10 - 12		POCS/M/XL	

## POST-OP HEEL WEIGHT BEARING SHOE

Lightweight and durable open toe design with wedged sole unit to redistribute weight behind metatarsal heads to relieve pressure on forefoot region.

Adjustable dorsal flap closure accommodates bulky dressings and ankle strap prevents heel slippage.

### Indications For Use:

Post foot and toe operations, oedemas, ulcerations of the forefoot.



Size	Length (cm)	Product Code
X Small	1 - 3	POW/XS
Small	3 - 5	POW/S
Medium	5 - 7	POW/M
Large	7 - 9	POW/L
X Large	9 - 12	POW/XL



## POST-OP TOE WEIGHT BEARING SHOE



Lightweight and durable closed toe design with wedged sole unit to redistribute weight to mid and forefoot to relieve pressure on heel.

Adjustable dorsal flap closure accommodates bulky dressings and ankle strap prevents heel slippage.

### Indications For Use:

Post foot and heel operations, oedemas and heel ulcerations.



Size	Length (cm)	Product Code
X Small	1 - 3	POT/XS
Small	3 - 5	POT/S
Medium	5 - 7	POT/M
Large	7 - 9	POT/L
X Large	9 - 12	POT/XL

## POST-OP DIABETIC SHOE & PRESSURE RELIEF INSOLE



Durable closed toe design suitably used after soft tissue procedures, post-surgery and specifically for diabetic foot ulcers.

Lightweight and durable closed toe design available with a detachable insole constructed from hexagonal EVA cells 10mm in depth lined in slow memory material which can be arranged to relieve and reduce pressure areas as required in heel and forefoot region.

Insole finished in a poron lining to provide flexibility and absorption of impact.

### Indications For Use:

Plantar ulcers on the heel and forefoot, diabetic foot, post-operative patients, plantar injuries.



Size	Shoe Size (UK)	Shoe Only	Product Code Shoe Plus Insole	Insole Only
X Small	2 - 3.5	CP04/XS	POD/XS	PODI/XS
Small	4 - 5.5	CP04/S	POD/S	PODI/S
Medium	6 - 7.5	CP04/M	POD/M	PODI/M
Large	7.5 - 8.5	CP04/L	POD/L	PODI/L
X Large	9 - 11.5	CP04/XL	POD/XL	PODI/XL



## THERAPEUTIC COMFORT SHOES

Easy opening low Velcro fastening for simple closure and entry, with extra width and depth to accommodate bulky orthoses. Unisex design therapy shoe with adaptable non slip sole unit.

Can be used for indoor as well as limited outdoor use, (e.g. putting the bins out etc.) Very soft upper for sensitive feet, and made from breathable material, which allows the feet to keep cool.

Shoes are machine washable at a low temperature provided any insoles are removed first.

### Indications For Use:

Accommodation of foot deformities, ulcer management, post operation, oedema, over dressings, ideal for neuropathic foot management / care.



Shoe Size (UK)	3	4	5	6	7	8	9	10	11	12
Product Code	CS911/3	CS911/4	CS911/5	CS911/6	CS911/7	CS911/8	CS911/9	CS911/10	CS911/11	CS911/12

## THERAPEUTIC NEOPRENE SHOES



Therapeutic seamless stretchy shoe with neoprene upper and Velcro fastening for easy closure and entry. Includes a 3mm removable insole if alternative orthotic is preferred to be worn.

The shoes have extra width and depth to accommodate bulky orthoses, they are lightweight and durable featuring rocker profile sole unit.

Unisex design, with adaptable non slip sole unit so that they can be used for indoor as well as limited outdoor use. Very soft upper for sensitive feet and latex free.

Shoes are machine washable at a low temperature provided any insoles are removed first.

### Indications For Use:

Accommodation of foot deformities, ulcer management, post operation, oedema.



Shoe Size (UK)	3	4	5	6	7	8	9	10	11	12
Product Code	DS64/3	DS64/4	DS64/5	DS64/6	DS64/7	DS64/8	DS64/9	DS64/10	DS64/11	DS64/12

## FIXED WALKER BOOT



Ultra-lightweight protective walker boot incorporating rigid mediolateral struts.

Design also features a soft padded foam lining for enhanced comfort, multiple fastening straps for secure fitting and a non-slip low-profile rocker sole unit for improved mobility.

### Indications For Use:

Acute ankle sprains, post-operative, stable fractures of the lower leg, foot and ankle.



Size	Shoe size (UK)	Height (cm)	Product Code
Small	3 – 6	35	BX/FWB/S
Medium	7 – 9	42	BX/FWB/M
Large	9 – 12	42	BX/FWB/L

## PIN ROM WALKER BOOT



Lightweight protective walker boot incorporating rigid mediolateral struts and an adjustable pin range of motion control. ROM control between 45° plantar flexion and 30° dorsal flexion at 7.5° with blocking at 0°, 10° and 20° plantar and dorsal flexion.

Design also features a soft padded foam lining for enhanced comfort, multiple fastening straps for secure fitting and a non-slip low profile rocker sole unit for improved mobility.

### Indications For Use:

Acute ankle sprains, post-operative, stable fractures of the lower leg; foot and ankle.



Size	Shoe size (UK)	Height (cm)	Product Code
Small	3 – 6	35	ROM/S
Medium	7 – 9	42	ROM/M
Large	9 – 12	42	ROM/L



## ADJUSTABLE ROM WALKER

Lightweight and durable protective walker boot incorporating rigid mediolateral struts with monocentric range of motion joints offering flexion-extension control from 0 to 40° at intervals of 10°.

Design also features; a soft padded wraparound lining for enhanced comfort, five fastening straps for secure fitting, two detachable protective plates (anterior/posterior) and a non-slip low-profile rocker sole unit for improved mobility.

### Indications For Use:

Acute ankle sprains, post-operative, stable fractures of the lower leg, foot and ankle.



Size	Shoe size (UK)	Product Code
Small	3 – 5	EST086/S
Medium	6 – 8	EST086/M
Large	9 – 11	EST086/L

## ULTRA FULL SHELL AIR WALKER

Ultra-lightweight full shell air walker boot which can be adjusted to offer optimum support for the effective healing of fractures and management of swelling.

Incorporates a protective full shell plastic exterior with soft foam lining and inflatable air bladders for adjustable compression for swelling control.

Adjustable toe guard provides complete protection in the toe area whilst a unique rocker bottom creates a more natural gait and assists with mobility.

### Indications For Use:

Acute ankle sprains, post-operative, stable fractures of the lower leg, foot and ankle.



Size	Shoe size (UK)	Product Code
Small	4.5 – 7	AWK07/S
Medium	7.5 – 10	AWK07/M
Large	10.5 – 12	AWK07/L





GEL ANKLE SLEEVE 114



GEL ACHILLES SLEEVE 114



GEL BUNION SLEEVE 115



GEL BUNION SHIELD 115



GEL TOE CREST 115



GEL DIGITAL CAPS 116



GEL LINED TUBING 116



GEL TOE SPREADER 116



GEL METATARSAL CUSHION 117



NIGHT-TIME BUNION SPLINT 117



BUNION CORRECTION SPLINT 117



THERMOPLASTIC BUNION SPLINT 118



HEEL CUP 118



HEEL WEDGE 118



HEEL SPUR 119



HEEL ELEVATOR 119



3/4 LENGTH SILICONE 119



FULL LENGTH SILICONE 120



LINED SILICONE 120



BIOMECH INSOLE 121



IMPRESSION BOX STANDARD 122



IMPRESSION BOX DEEP 122

## GEL MALLEOLAR SLEEVE



Pull-on elasticated sleeve designed to provide cushioning and protection to the ankle area whilst offering mild compression.

Features two gel pads, situated on the medial and lateral malleolar that comfortably conform to the ankle bone to moisturise the skin whilst cushioning and preventing discomfort caused by various types of footwear.

### Indications For Use:

Protects the ankle against impact, pressure and abrasion, dissipation of pressure around inflamed area.



Size	Product Code
Small / Medium	G7321/S
Large / X Large	G7321/L

## GEL ACHILLES HEEL SLEEVE



Pull-on elasticated sleeve designed to provide gentle compression, cushioning and protection to the Achilles area.

Features a contoured gel pad that protects the posterior of the heel from pressure, impact, and friction caused by various types of footwear.

### Indications For Use:

Protects the posterior of the heel from pressure, impact, friction, dissipation of pressure around inflamed area.



Size	Product Code
Small / Medium	G7320/S
Large / X Large	G7320/L

## GEL BUNION RELIEF SLEEVE



Anatomically designed soft flexible 3mm gel pad contained within a comfortable lightweight stretch-fabric sleeve. Protects bunions by absorbing shock and shear forces.

### Indications For Use:

Pain relief / protection of bunions.



Size	Product Code
Small / Medium	G7351/S
Large / X Large	G7351/L

## GEL BUNION SHIELD



Soft flexible gel cushion anatomically shaped to protect bunions and comfort tender sensitive skin. Easily accommodated in most footwear and sized to fit either big toe or 5<sup>th</sup> digit joint.

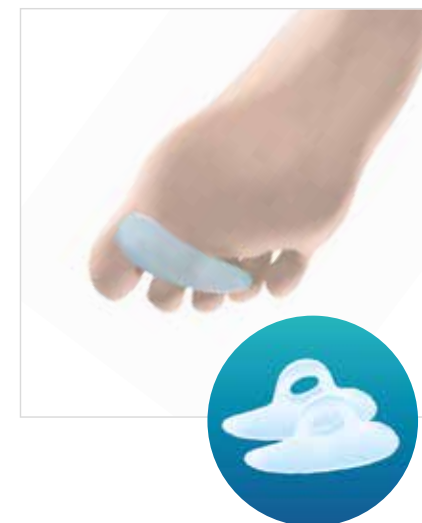
### Indications For Use:

Absorb pressure and friction / protection of bony prominence.



Size	Product Code
Small / Medium	G720/S
Large / X Large	G720/L

## GEL TOE CREST



Small pads with digit loop which fits underneath toes to fill the gaps caused by claw or hammer toes.

### Indications For Use:

Relief from claw or hammer toe / pressure reduction on toes and metatarsal heads.



Size	Product Code
Small	G715/S
Medium	G715/M
Large	G715/L



## GEL LINED DIGITAL CAPS



Soft elasticated fabric coated with mineral gel to soften, soothe and protect toes. Anatomically designed and sized to fit all toe sizes and easily accommodated in most footwear.

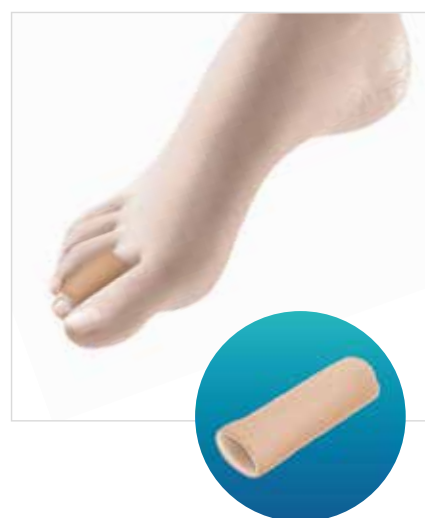
### Indications For Use:

Protection and relief for corns, calluses, nails, hammer toes and partially amputated digits.



Size	Product Code
Small	G713/S
Medium / Large	G713/M-L
X Large	G713/XL

## GEL LINED TUBING



Soft elasticated fabric coated with mineral gel to soften, soothe and protect toes. 15cm tubing available in three diameters, can be cut to fit any desired size.

### Indications For Use:

Pressure and friction relief for corns and callus / toe protection / scar tissue reduction.



Diameter	Product Code
Small	G713T/S
Medium	G713T/M
Large	G713T/L

## GEL TOE SPREADER



Anatomically designed gel separator designed to straighten and align toes. Constructed from hypoallergenic viscoelastic compound to retain shape.

### Indications For Use:

Toe alignment / reduce friction and irritation between adjacent toes.



Size	Product Code
Small	G711/S
Medium	G711/M
Large	G711/L



## GEL METATARSAL CUSHION

Thin gel pad with stretch loop to fit second or third toe which protects the metatarsal region of the foot.

### Indications For Use:

Shock absorbance / pressure reduction associated with metatarsalgia, neuromas and subluxed metatarsal heads.



Size	Product Code
Small / Medium	G716/S
Large / X Large	G716/L

## NIGHT-TIME BUNION SPLINT



One size fits all correction orthosis made from breathable cotton fabric, malleable aluminium splint and Velcro fastening closure. Easily fitted, lightweight and ideal for use during night-time or whilst sleeping.

### Indications For Use:

Correction of the Hallux-Valgus posture / post-surgery management.



Foot	Product Code
Left	HV31
Right	HV30

## BUNION CORRECTION SPLINT



Patented orthosis designed for dynamic positional correction of the big toe. Comprising an elastic band that wraps around the midfoot and an elastic strap with gel which applies corrective pressure.

Comfortable and easy to fit with any type of footwear.

### Indications For Use:

Hallux valgus correction, post-surgery, pain relief by reducing capsule and ligament tension.



Size	Product Code
Universal	HV34

## THERMOPLASTIC BUNION SPLINT



Thermoplastic splint with elasticated strapping, toe cushioning and Velcro fastening. Enables correct alignment of the first metatarsal whilst resting.

**Indications For Use:**  
Hallux-Valgus correction.



Size	Shoe Size (UK)	Product Code Left	Product Code Right
Small	2 - 3.5	HV/33/L1	HV/33/R1
Medium	4 - 6.5	HV/33/L2	HV/33/R2
Large	7 - 11	HV/33/L3	HV/33/R3

## SILICONE HEEL CUP



Medical grade dual density heel cup for maximum comfort whilst standing, walking or running. Blue spot provides enhanced cushioning.

**Indications For Use:**  
Heel spurs, plantar fasciitis, haglunds heel.



Size	Shoe Size (UK)	Product Code
Small	4 - 5	122/SH/T
Medium	6 - 7	123/SH/T
Large	7 - 8	124/SH/T
X Large	9 - 11	125/SH/T

## SILICONE HEEL WEDGE



Medical grade dual density viscoelastic silicone wedge available in 5, 8 or 10mm depth. Blue zones cushion, protect and reduce friction at heel.

**Indications For Use:**  
Heel raise, achilles tendonitis, plantar fasciitis, achilles tendon rupture.



Size	Shoe Size (UK)	5MM	Product Code 8MM	10MM
Small	4 - 5	131/5/S/T	136/8/S/T	141/10/S/T
Medium	6 - 7	132/5/M/T	137/8/M/T	142/10/M/T
Large	7 - 8	133/5/L/T	138/8/L/T	143/10/L/T
X Large	9 - 10	134/5/XL/T	139/8/XL/T	144/10/XL/T



## GEL HEEL SPUR CUSHION

Comfortable gel heel wedge with non-slip fabric top cover and removable underside plug. Designed to contain existing soft tissue around calcaneus to relieve direct pressure in central heel spur area.

**Indications For Use:**  
Heel pain, calcaneal heel spurs, plantar fasciitis.



Size	Shoe Size (UK)	Product Code
Small	3 - 5	G719/S
Medium	6 - 9	G719/M
Large	10-12	G719/L



## 5 LAYER HEEL ELEVATOR (15MM-3MM)

5 layers of firm density EVA foam with an adhesive coating between each layer, finished with a non-slip top cover. Adjustable by peeling away layers from underside offering 15mm max lift, down to; 12mm, 9mm, 6mm or 3mm.

**Indications For Use:**  
Leg-length discrepancies, achilles tendonitis, plantar fasciitis.



Size	Shoe Size (UK)	Product Code
Small	3 - 6	BX/HE/S
Medium	6 - 9	BX/HE/M
Large	9 - 12	BX/HE/L



## 3/4 LENGTH SILICONE INSOLE

Medical grade dual density viscoelastic silicone featuring softer zones at heel and metatarsal heads for extra cushioning.

**Indications For Use:**  
Talgia, bursitis, metatarsalgia, calcaneus spur, plantar fasciitis, diabetic foot.



Size	Shoe Size (UK)	Product Code
Small	up to 5	S718/S
Medium	6-10	S718/M
Large	11 plus	S718/L



## FULL LENGTH SILICONE INSOLE



Medical grade dual density viscoelastic silicone. Featuring contoured arch and soft zones at heel and metatarsal heads for extra cushioning.

Provides attenuation of full-foot impact shock and are easily accommodated in most footwear.

### Indications For Use:

Talagia, bursitis, metatarsalgia, calcaneus spur, plantar fasciitis, diabetic foot, foot fatigue.



Size	Shoe Size (UK)	Product Code
Small	3 - 4	103/FF/T
Medium	5 - 6	105/FF/T
Large	7 - 8	106/FF/T
X Large	9 - 10	107/FF/T
2X Large	11 - 12	108/FF/T

## FULL LENGTH SILICONE INSOLE WITH TOP COVER



Medical grade dual density viscoelastic silicone with a non-slip hypoallergenic fabric top cover. Featuring contoured arch and soft zones at heel and metatarsal heads for extra cushioning.

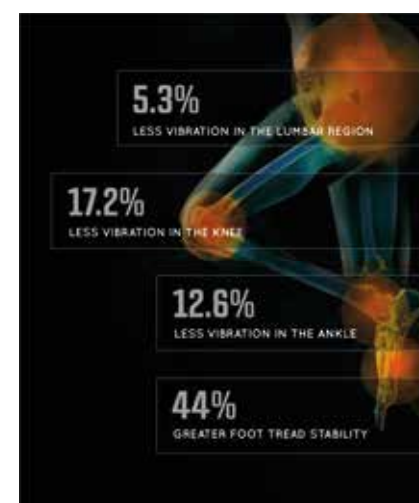
Provides attenuation of full-foot impact shock and are easily accommodated in most footwear.

### Indications For Use:

Talagia, bursitis, metatarsalgia, calcaneus spur, plantar fasciitis, diabetic foot, foot fatigue.



Size	Shoe Size (UK)	Product Code
X Small	2 - 3.5	LS750F/XS/0
Small	4 - 5	LS750F/S/1
Medium	5.5 - 6.5	LS750F/M/2
Large	7 - 8	LS750F/L/3
X Large	8.5 - 9.5	LS750F/XL/4
2X Large	10 - 11	LS750F/2XL/5



## CUSTOMISABLE BIOMECH INSOLE

Off-the-shelf semi-rigid orthotic insole which can be individually customised to the unique contours of the foot through the application of heat, using a microwave.

Simply follow the 3-step fitting guide or video demonstration on the packaging before placing into footwear and wearing.

Constructed from a heat mouldable EVA compound and finished with a ventilated soft top cover cushion for comfort.

Shaped to offer enhanced arch support, whilst trimmable forefoot region and slim line design ensures accommodation in most footwear.

Suitable for both men and women when practising sports or everyday activities.

Ideal for use as first phase treatment for various foot disorders and scientifically tested by the Official Institute of Podiatrists of La Rioja (Spain).

### Indications for use:

Plantar fasciitis, heel pain, shin splints, improved balance, diminished joint pain, reduced muscular fatigue, improved gait.



Shoe Size (UK)	Shoe Size (EU)	Product Code
3	36	PL-BION/36
4	37	PL-BION/37
5	38	PL-BION/38
6	39	PL-BION/39
7	41	PL-BION/41
8	42	PL-BION/42
9	43	PL-BION/43
10	45	PL-BION/45
11	46	PL-BION/46



## STANDARD FOOT IMPRESSION BOX

Two blocks of phenolic foam impression material housed in robust hinged corrugated cardboard, enabling two foot impressions per box.

Available in standard (45mm) depth.

**Indications For Use:**

Used as a tool to produce accurate impressions of a patient's feet.



Length (mm)	Width (mm)	Foam Depth (mm)	Product Code
340	150	45	BX/IMP/S25

Available in consignments of 25 units or individually upon request.



## DEEP FOOT IMPRESSION BOX

Two blocks of phenolic foam impression material housed in robust hinged corrugated cardboard, enabling two foot impressions per box.

Available in standard (45mm) depth.

**Indications For Use:**

Used as a tool to produce accurate impressions of a patient's feet.



Length (mm)	Width (mm)	Foam Depth (mm)	Product Code
340	150	60	BX/IMP/D25

Available in consignments of 25 units or individually upon request.



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