

ORTHOTIX
SPORTS & ORTHOPAEDIC BRACING



Podiatry Range

IN ASSOCIATION WITH

ace
feet in motion



PROFILE



Orthotix was established in 2004 and is now the leading sports and orthopaedic bracing business in Wales. In recent years our portfolio of products has expanded to also include innovative and competitively priced podiatry consumables. All of which are now distributed throughout the UK & Ireland to the NHS, private practices, healthcare businesses and direct to the public.

This catalogue showcases our diverse range of podiatry related products which include commonly used gel accessories, insoles, foot supports and footwear. Our extremely competitive pricing combined with the quality of our goods and unrivalled customer service has given rise to our industry wide reputation of excellence.

For enquiries and ordering please contact our Customer Service Team using the contact details below. To view our complete range of products and to learn more about the services we offer please visit www.orthotix.co.uk and acefeetinmotion.co.uk

Our podiatry range has been sourced and developed in collaboration with our market leading sister company, Ace Feet In Motion who are the official podiatrists to:



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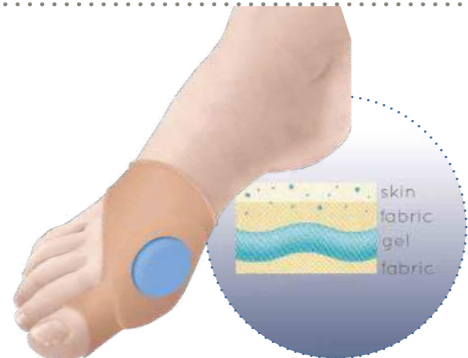
Insoles



15-18

Footwear

Bunion Relief Sleeve



Features:
Soft flexible 3mm gel pad contained within a comfortable lightweight stretch-fabric sleeve. Protects bunions by absorbing shock and shear forces. Anatomically designed to prevent sliding and easily accommodated in most footwear.

Indications For Use:
Pain relief / protection of bunions



Size	Product Code
Small/Med	ACP912/S
Large/XL	ACP912/L

Gel Bunion Shield



Features:
Soft flexible gel cushion anatomically shaped to protect bunions and comfort tender sensitive skin. Easily accommodated in most footwear and sized to fit either big toe or 5th digit joint.

Indications For Use:
Absorb pressure and friction / protection of bony prominence



Size	Product Code
Small/Med	G720/S
Large/XL	G720/L

Gel Toe Crest



Features:
Small pads with digit loop which fits underneath toes to fill the gaps caused by claw or hammer toes.

Indications For Use:
Relief from claw or hammer toe / pressure reduction on toes and metatarsal heads

Size	Product Code
Small	G715/S
Medium	G715/M
Large	G715/L



Gel Lined Digital Caps



Features:
Soft elasticated fabric coated with mineral gel to soften, soothe and protect toes. Anatomically designed and sized to fit all toe sizes and easily accommodated in most footwear.

Indications For Use:
Protection and relief for corns, calluses, nails, hammer toes and partially amputated digits

Size	Product Code
Small	G713/S
Med/Large	G713/M-L
XL	G713/XL



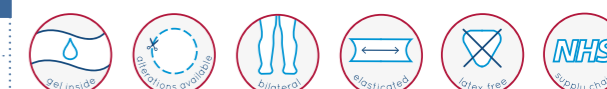
Gel Lined Tubing (15cm Length)



Features:
Soft elasticated fabric, coated with mineral gel to soften, soothe and protect toes. 15cm tubing available in three diameters, can be cut to fit any desired size.

Indications For Use:
Pressure and friction relief for corns and callus / toe protection / scar tissue reduction

Diameter	Product Code
Small	G713T/S
Medium	G713T/M
Large	G713T/L



Gel Toe Spreader



Features:
Anatomically designed gel separator designed to straighten and align toes. Constructed from hypoallergenic viscoelastic compound to retain shape and inhibit bacterial growth.

Indications For Use:
Toe alignment / reduce friction and irritation between adjacent toes

Size	Product Code
Small	G711/S
Medium	G711/M
Large	G711/L



Gel Metatarsal Cushion



Features:
Thin gel pad with stretch loop to fit second or third protects the metatarsal region of the foot.

Indications For Use:
Shock absorbance / pressure reduction associate metatarsalgia, neuromas and subluxed metatarsc



Size	Product Code
Small/Med	G716/S
Large/XL	G716/L



Night-time Bunion Splint



Features:
One size fits all correction orthosis made from breathable cotton fabric, malleable aluminium splint and Velcro fastening closure. Easily fitted, lightweight and ideal for use during night-time or whilst sleeping.

Indications For Use:
Correction of the Hallux-Valgus posture / post-surgery management



Foot	Product Code
Left	HV31
Right	HV30

Daytime Bunion Splint



Features:
Correction orthosis consisting of elastic strapping, toe cap and adjustable Velcro fastening closure to ensure optimum positioning. Easily fitted, lightweight, accommodated in footwear for daytime use.

Indications:
Hallux-Valgus correction



Size	Shoe Size (UK)	Product Code
Small/Med	2 - 5	HV32/S
Large/XL	6 - 9	HV32/L

Thermoplastic Resting Bunion Splint



Features:
Correction orthosis consisting of thermoplastic splint, elasticated strapping, toe cushioning and micro-Velcro fastening. Enables correct alignment of the first metatarsal whilst resting.

Indications For Use:
Hallux-Valgus correction



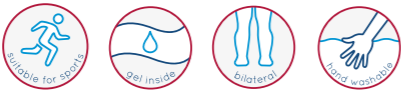
Size	Shoe Size (UK)	Product Code Left	Product Code Right
Small	2 - 3.5	HV/33/L1	HV/33/R1
Medium	4 - 6.5	HV/33/L2	HV/33/R2
Large	7 - 11	HV/33/L3	HV/33/R3

Plantar Fasciitis Band



Features:
Anatomically designed velour and elastic orthosis with adjustable micro-Velcro fastening and comfort gel pads. Applies targeted pressure to the plantar fascia to alleviate discomfort.

Indications For Use:
Plantar fasciitis



Size	Ankle Circ. (cm)	Product Code	Fitting Guide
Small	17-21	FP01/S	
Medium	21-25	FP01/M	
Large	25-29	FP01/L	

Ankle Sleeve with Achilles Heel Pad



Features:
Soft breathable lightweight elasticated fabric offering uniform compression throughout ankle and foot region. Also incorporates an Achilles heel foam pad for protection / prevention of friction.

Indications For Use:
Sprains, tendonitis, minor trauma/instability, Achilles tendonitis



Size	Ankle Circ.(cm)	Product Code	Fitting Guide
Small	17-20	TN240/S	
Medium	20-23	TN240/M	
Large	23-26	TN240/L	

Dorsal Night Splint



Features:
Bilaterally designed lightweight low profile orthosis consisting of breathable fabric and a malleable aluminium stay which can be adjusted to control dorsiflexion as required. Sleep-easy design.

Indications For Use:
Plantar fasciitis and Achilles tendonitis

Size	Shoe Size (UK)	Product Code
Small	3.5 - 6	BX/DNS/S
Medium	6.5 - 9	BX/DNS/M
Large	9.5 - 11	BX/DNS/L
X Large	12 plus	BX/DNS/XL



Plantar Fasciitis / Achilles Tension Splint



Features:
Durable lightweight orthosis consisting of thermoplastic shell and padded liners. Incorporating flexion straps to hold the foot in dorsiflexion and enable load application to soft tissues of plantar fascia and Achilles tendon.

Indications For Use:
Plantar fasciitis and Achilles tendonitis / also used for maintaining stretch for a variety of neurological conditions



Size	Shoe Size (UK)	Footplate Length (cm)	Brace Height (cm)	Product Code
Small	Up to 5½	25	33	PFS/S
Medium	6 - 9	27	35	PFS/M
Large	9+	28	38	PFS/L

Mercurio Ankle Stabiliser



Features:
One size fits all bilateral stabilising ankle support made from breathable Italian cotton with elastic straps which wrap around ankle and foot to limit articular abduction and adduction.

Indications For Use:
Ankle sprains, tendonitis, tibialis posterior dysfunction, plantar fasciitis

Size	Product Code
Universal	15/UNI



Air-Gel Ankle Stirrup



Features:
Medial and lateral rigid plastic supporting shells lined with air and gel cushions. One size fits all bilateral design which can be adjusted to counter changes in ankle size from swelling. Can also be refrigerated to offer cold therapy.

Indications For Use:
Acute soft tissue injury, lateral ligament injury, medial-lateral instability

Size	Product Code
Universal	223230



Boxia Drop Foot AFO



Features:
Comfortable and cosmetic orthosis designed for discreet treatment of flaccid paralysis drop foot. Consists of two separate components; a cuff situated above the ankle and a non-slip hook section which fits between laces / Velcro straps of footwear. Both components are connected via an elastic tension strap which enables complete adjustment of the required level of dorsiflexion.

Made from perforated material for ventilation and includes gel padded sections for enhanced achilles and dorsiflexor tendon comfort. Discreet design which does not occupy any space in the shoe.



How It Works:
The Boxia support raises the forefoot, providing vital foot clearance during swing phase, thus reducing risk of tripping over everyday objects.

Indications For Use:
Flaccid paralysis drop foot



Size	Ankle Circ (cm)	Product Code (black)	Product Code (beige)	Fitting Guide
X Small	13 - 17	BOX/XS	BBOX/XS	
Small	17 - 21	BOX/S	BBOX/S	
Medium	21 - 25	BOX/M	BBOX/M	
Large	25 - 29	BOX/L	BBOX/L	



Boxia Drop Foot Shoeless Attachment



Features:
Attachment enables the Boxia AFO to be worn and used effectively without any footwear. Consists of perforated breathable fabric anatomically designed to the shape of either left or right foot, which provides support through a padded arch area.

Indications For Use:
Flaccid paralysis drop foot



	Size	Instep Circ (cm)	Product Code (black)		Product Code (beige)		Fitting Guide
			Left	Right	Left	Right	
	Small	17 - 21	BOX/INT/S/L	BOX/INT/S/R	BBOX/INT/S/L	BBOX/INT/S/R	
	Medium	21 - 25	BOX/INT/M/L	BOX/INT/M/R	BBOX/INT/M/L	BBOX/INT/M/R	
	Large	25 - 29	BOX/INT/L/L	BOX/INT/L/R	BBOX/INT/L/L	BBOX/INT/L/R	

Full Length Silicone Insole - With Or Without Top Cover



Features:
Medical grade dual density viscoelastic silicone. Available with or without a non-slip hypoallergenic fabric top cover. Featuring contoured arch and soft zones at heel and metatarsal heads for extra cushioning. Provides attenuation of full-foot impact shock and are easily accommodated in most footwear.

Indications For Use:
Talgia, bursitis, metatarsalgia, calcaneus spur, plantar fasciitis, diabetic foot, foot fatigue



Silicone			Silicone with fabric top cover		
Size	Shoe Size (UK)	Product Code	Size	Shoe Size (UK)	Product Code
Small	3 - 4	103/FF/T	X Small	2 - 3.5	LS750F/XS/0
Medium	5 - 6	105/FF/T	Small	4 - 5	LS750F/S/1
Large	7 - 8	106/FF/T	Medium	5.5 - 6.5	LS750F/M/2
X Large	9 - 10	107/FF/T	Large	7 - 8	LS750F/L/3
2X Large	11 - 12	108/FF/T	X Large	8.5 - 9.5	LS750F/XL/4
			2X Large	10 - 11	LS750F/2XL/5

3/4 Length Silicone Insole



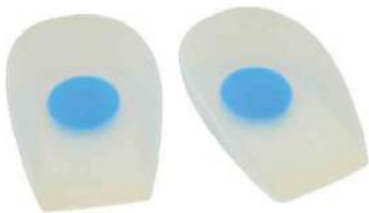
Features:
Medical grade dual density viscoelastic silicone featuring softer zones at heel and metatarsal heads for extra cushioning.

Indications For Use:
Talgia, bursitis, metatarsalgia, calcaneus spur, plantar fasciitis, diabetic foot, foot fatigue



Size	Shoe Size (UK)	Product Code
Small	up to 5	S718/S
Medium	6-10	S718/M
Large	11 plus	S718/L

Silicone Heel Cup



Features:
Medical grade dual density heel cup for maximum comfort whilst standing, walking or running. Blue spot provides enhanced cushioning.

Indications For Use:
Heel spurs, plantar fasciitis, haglunds heel

Size	Shoe Size (UK)	Product Code
Small	4 - 5	122/SH/T
Medium	6 - 7	123/SH/T
Large	7 - 8	124/SH/T
X Large	9 - 11	125/SH/T



Silicone Heel Wedge (5, 8 or 10mm Depth)



Features:
Medical grade dual density viscoelastic silicone wedge available in 5, 8 or 10mm depth. Blue zones cushion, protect and reduce friction at heel.

Indications For Use:
Heel raise, achilles tendonitis, plantar fasciitis / post-surgery following Achilles tendon rupture



Size	Shoe Size (UK)	Product Code		
		5MM	8MM	10MM
Small	4 - 5	131/5/S/T	136/8/S/T	141/10/S/T
Medium	6 - 7	132/5/M/T	137/8/M/T	142/10/M/T
Large	7 - 8	133/5/L/T	138/8/L/T	143/10/L/T
X Large	9 - 10	134/5/XL/T	139/8/XL/T	144/10/XL/T

Gel Heel Spur Cushion



Features:
Comfortable gel heel wedge with non-slip fabric top cover and removable underside plug. Designed to contain existing soft tissue around calcaneus to relieve direct pressure in central heel spur area.

Indications For Use:
Heel pain, calcaneal heel spurs, plantar fasciitis

Size	Shoe Size (UK)	Product Code
Small	3 - 5	G719/S
Medium	6 - 9	G719/M
Large	10-12	G719/L



5 Layer Adjustable Heel Elevator (15mm-3mm)



Features:
5 layers of medium/firm density EVA foam with an adhesive coating between each layer, finished with a non-slip fabric top cover. Adjustable by simply peeling away layers from underside to offer 15mm maximum lift, down to; 12mm, 9mm, 6mm or 3mm.

Indications For Use:
Rectification of uneven gait caused by leg-length discrepancies / achilles tendonitis, plantar fasciitis

Size	Shoe Size (UK)	Product Code
Small	3 - 6	BX/HE/S
Medium	6 - 9	BX/HE/M
Large	9 - 12	BX/HE/L



Paediatric Silicone Foot Support



Features:
Medical grade silicone insole with recovery memory, anatomically designed for children's feet to maintain correct foot posture and improve gait. Soft, lightweight and accommodated in most footwear.

Indications For Use:
Varus/valgus foot, flat foot, high arches, heel-bone support, postural related symptoms

Size	Shoe Size (EU)	Product Code
X Small	23 - 24	PSI/XS
Small	25 - 26	PSI/S
Medium	27 - 28	PSI/M
Large	29 - 30	PSI/L
X Large	31 - 32	PSI/XL



Standard / Deep Foot Impression Boxes



Features:
Two blocks of phenolic foam impression material housed in robust hinged corrugated cardboard, enabling two foot impressions per box. Available in standard (45mm) or deep (60mm) depth.

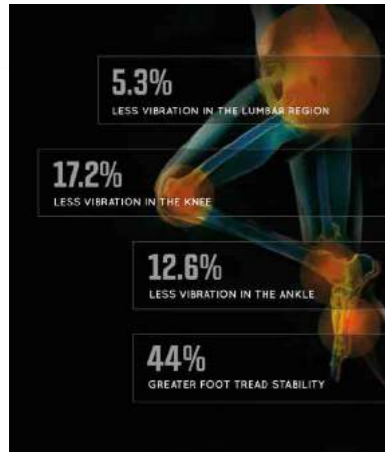
Indications For Use:
Used as a tool to produce accurate impressions of a patient's feet

Model	Length (mm)	Width (mm)	Foam Depth (mm)	Product Code
Standard	340	150	45	BX/IMP/S25
Deep	340	150	60	BX/IMP/D25



* Available in consignments of 25 units or individually

Customisable Biomechanic Insole



Features:
Off-the-shelf semi-rigid orthotic insole which can be individually customised to the unique contours of the foot through the application of heat, using a microwave. Simply follow the 3-step fitting guide or video demonstration on the packaging before placing into footwear and wearing.

Constructed from a heat mouldable EVA compound and finished with a ventilated soft top cover cushion for comfort. Shaped to offer enhanced arch support, whilst trimmable forefoot region and slim line design ensures accommodation in most footwear.

Suitable for both men and women when practising sports or everyday activities.

Ideal for use as first phase treatment for various foot disorders and scientifically tested by the Official Institute of Podiatrists of La Rioja (Spain).

Indications for use:
Plantar fasciitis, heel pain, shin splints, improved balance, diminished joint pain, reduced muscular fatigue, improved gait



Shoe Size (UK)	Shoe Size (EU)	Product Code
3	36	PL-BION/36
4	37	PL-BION/37
5	38	PL-BION/38
6	39	PL-BION/39
7	41	PL-BION/41
8	42	PL-BION/42
9	43	PL-BION/43
10	45	PL-BION/45
11	46	PL-BION/46

Paediatric Feet In Motion Corrective Insoles



Features:
High density, deep cupped EVA orthosis especially designed for children's feet by the leading UK Podiatrists.

The brightly coloured insoles consist of one red (right foot) and one blue (left foot) to help children remember, whilst providing a functional solution.

Pre-fabricated off the shelf insoles (pair) are available in neutral or with 3° or 5° medial rear foot posting. The neutral variant are non-corrective with enhanced arch support, the 3° posting variant corrects mild pronation of the feet, whilst the 5° posting offers correction of moderate to severe pronation of the feet.

During clinical trials this product achieved over 90% compliance rate amongst all patients trialled and was approved for the effective management of flat foot conditions (Pes Planus). The slim line, lightweight design enables the insoles to be easily accommodated in most footwear.

Indications for use:
Flat feet, postural related symptoms, hyper-mobility/ligament weakness, arch pain, heel pain knee pain, back pain



Size	Neutral Posting	3° Posting	5° Posting
19-20	FJ210/19-20	FJ230/19-20	FJ250/19-20
21-22	FJ210/21-22	FJ230/21-22	FJ250/21-22
23-24	FJ210/23-24	FJ230/23-24	FJ250/23-24
25-26	FJ210/25-26	FJ230/25-26	FJ250/25-26
27-28	FJ210/27-28	FJ230/27-28	FJ250/27-28
29-30	FJ210/29-30	FJ230/29-30	FJ250/29-30
31-32	FJ210/31-32	FJ230/31-32	FJ250/31-32
33-34	FJ210/33-34	FJ230/33-34	FJ250/33-34



Post-Operation Open Or Closed Toe Shoe



Open toe



Closed toe



Features:
Lightweight and durable open or closed toe design constructed from a breathable soft mesh upper with padded heel collar and semi-rigid non-slip sole unit. Open toe version features an adjustable twin strap Velcro closure system to accommodate dressings. Closed toe variant features a detachable velcro strap for bulky dressings and an ankle strap to prevent heel slippage.

Indications For Use:
Post foot/toe/soft tissue operations, oedemas



Open toe

Size	Shoe Size (UK)		Product Code	
	Mens	Womens	Mens	Womens
Small	6 - 7	2 - 3	POS/M/S	POS/W/S
Medium	7 - 9	4 - 5	POS/M/M	POS/W/M
Large	9 - 10	6 - 7	POS/M/L	POS/W/L
XLarge	10 - 12		POS/M/XL	

Closed toe

Size	Shoe Size (UK)		Product Code	
	Mens	Womens	Mens	Womens
Small	6 - 7	2 - 3	POCS/M/S	POCS/W/S
Medium	7 - 9	4 - 5	POCS/M/M	POCS/W/M
Large	9 - 10	6 - 7	POCS/M/L	POCS/W/L
XLarge	10 - 12		POCS/M/XL	

Post-Operation Heel Weight Bearing Shoe



Features:
Lightweight and durable open toe design with wedged sole unit to redistribute weight behind metatarsal heads to relieve pressure on forefoot region. Adjustable dorsal flap closure accommodates bulky dressings and ankle strap prevents heel slippage.

Indications For Use:
Post foot and toe operations, oedemas, ulcerations of the forefoot



Size	Shoe Size (UK)	Product Code
X Small	1 - 3	POW/XS
Small	3 - 5	POW/S
Medium	5 - 7	POW/M
Large	7 - 9	POW/L
X Large	9 - 12	POW/XL

Post-Operation Toe Weight Bearing Shoe



Features:
Lightweight and durable closed toe design with wedged sole unit to redistribute weight to mid and forefoot to relieve pressure on heel. Adjustable dorsal flap closure accommodates bulky dressings and ankle strap prevents heel slippage.

Indications For Use:
Post foot and heel operations, oedemas and heel ulcerations



Size	Shoe Size (UK)	Product Code
X Small	1 - 3	POT/XS
Small	3 - 5	POT/S
Medium	5 - 7	POT/M
Large	7 - 9	POT/L
X Large	9 - 12	POT/XL

Diabetic Post-Operation Shoe With Pressure Relief Insole



Features:
Lightweight and durable closed toe design with detachable insole constructed from hexagonal EVA cells 10mm in depth lined in slow memory material which can be arranged to relieve and reduce pressure areas as required in heel and forefoot region.

Indications For Use:
Plantar ulcers on the heel and forefoot, diabetic foot, post-operative patients, plantar injuries



Includes Post-op Shoe & Insole

Size	Shoe Size (UK)	Product Code
X Small	2 - 3.5	POD/XS
Small	4 - 5.5	POD/S
Medium	6 - 7.5	POD/M
Large	7.5 - 8.5	POD/L
X Large	9 - 11.5	POD/XL

Paediatric Open Toe / Heel Cast Boot



Features:
Lightweight open toe / heel boot designed to be worn by children with lower limb cast or post-operation with bulky dressings. Features comfortable fabric upper with rocker sole unit and easy to fasten Velcro straps. Available in either red or blue teddy pattern and will fit on either left or right foot.

Indications For Use:
Post injury, post-surgery, early mobilisation



Size	Length (cm)	Product Code	
		Blue	Red
Small	11.5	FK1051-S-B	FK1051-S-R
Medium	14	FK1051-M-B	FK1051-M-R
Large	16.5	FK1051-L-B	FK1051-L-R
X Large	18.5	FK1051-XL-B	FK1051-XL-R

Therapeutic Neoprene Shoe



Features:
Therapeutic seamless stretchy shoe with neoprene upper and velcro fastening for easy closure and entry. Includes a 3mm removable insole if alternative orthotic is preferred to be worn.

The shoes have extra width and depth to accommodate bulky orthoses, they are lightweight and durable featuring rocker profile sole unit. Unisex design, with adaptable non slip sole unit so that they can be used for indoor as well as limited outdoor use. Very soft upper for sensitive feet and latex free.

Indications For Use:
Accommodation of foot deformities, ulcer management, post operation, oedema

Care Instructions
Shoes are machine washable at a low temperature provided any insoles are removed first



Shoe size (UK)	3	4	5	6	7	8-9	10	11	12
Product Code	DS64/3	DS64/4	DS64/5	DS64/6	DS64/7	DS64/8-9	DS64/10	DS64/11	DS64/12

Therapeutic Comfort Shoe / Slipper



Low front opening



Insole allowance



Velcro rear closure



Features:
Low easy opening Velcro fastening for easy closure and entry, with extra width and depth to accommodate bulky orthoses. Unisex design therapy shoe with adaptable non slip sole unit.

Can be used for indoor as well as limited outdoor use, (e.g putting the bins out etc.) Very soft upper for sensitive feet, and made from breathable material, which allows the feet to keep cool.

Indications For Use:
Accommodation of foot deformities, ulcer management, post operation, oedema, over dressings, ideal for neuropathic foot management / care

Care Instructions
Shoes are machine washable at a low temperature provided any insoles are removed first



UK Shoe Size	Product Code
3	CS911/3
4	CS911/4
5	CS911/5
6	CS911/6
7	CS911/7
8-9	CS911/8-9
10	CS911/10
11	CS911/11
12	CS911/12



ORTHOTIX

SPORTS & ORTHOPAEDIC BRACING

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